# LAURA GRAHAM HOLMES, Ph.D. October 2025

# PERSONAL INFORMATION

#### **Business Address**

Silberman School of Social Work

Hunter College, City University of New York

2180 3<sup>rd</sup> Avenue, New York NY 10035 Email: Laura.Graham@hunter.cuny.edu

Phone: (850)-510-2504

#### **EDUCATION AND TRAINING**

2013 – 2017 **Ph.D. in Clinical Psychology:** August 2017

University of Utah, Department of Psychology (APA Accredited; APCS Member) Dissertation Title: Parent child sexuality communication and sexual knowledge:

A dyadic study with adults on the autism spectrum and their parents

2010 – 2013 **M.S. in Clinical Psychology**: May 2013

University of Utah, Department of Psychology

Master's Thesis: Factors related to parent provision of sexuality education for

youth with Asperger's disorder and high functioning autism

2002 – 2006 **B.A. in Psychology** with Honors, Magna Cum Laude

Florida State University

#### PROFESSIONAL APPOINTMENTS

2025 Associate Professor with Tenure

Silberman School of Social Work

Hunter College, City University of New York

CUNY Graduate Center Ph.D. Program in Social Welfare

2021 Assistant Professor

Silberman School of Social Work

Hunter College, City University of New York

CUNY Graduate Center Ph.D. Program in Social Welfare

2020 Senior Postdoctoral Associate

Community Health Sciences

Boston University School of Public Health

2018 **Postdoctoral Researcher** 

Life Course Outcomes Research Program

Drexel University A. J. Drexel Autism Institute

#### 2017 Clinical Postdoctoral Fellow

Center for Autism Research Children's Hospital of Philadelphia

#### 2016 **Pre-doctoral Intern**

Autism Spectrum Disorders Track Children's Hospital of Philadelphia, Department of Child and Adolescent Psychiatry and Behavioral Sciences (APA Accredited) Fellow, Leadership Education in Neurodevelopmental Disabilities (LEND)

#### PEER-REVIEWED ARTICLES

\*signifies trainee author/presenter, ‡ signifies senior authorship Citations: Approximately 1103 (h-index 19, i10-index 27)

- 1. Rothman, E. F., **Graham Holmes, L.,** & Mueller, M.\*, Cerel, J., Colburn, D., Banyard, V., & Mitchell, K. (In press). Experiences of autistic U.S. adolescents and young adults with the 988 Suicide and Crisis Lifeline: A qualitative study. *Autism in Adulthood*.
- 2. Yang, X.,\* **Graham Holmes, L.,** Su, S., & Crehan, E. T. (In press). Looking through a cultural perspective: Autistic young adults' experiences and expectations of sexuality and relationship education in the U.S. *Journal of Autism and Developmental Disorders*. doi: 10.1007/s10803-025-06831-x
- 3. Rothman, E. F., Cusano, J., **Graham Holmes, L.,** Taylor, B., Cuevas, C., Mumford, E. (In press). Elevated odds of dating violence among U.S. youth with mental health and neurodevelopmental conditions: Estimates from a nationally representative cross-sectional study. *Journal of Interpersonal Violence*. doi: 10.1177/08862605251319010
- 4. Edwards, L.,\* Kuhn, T., Firpo, R., Firpo-Triplett, R., & **Graham Holmes, L.**<sup>‡</sup> (In press). Designing and pilot testing SkillFlix for Autistic Young Adults, a communication and relationship skills video library. *Autism in Adulthood*. doi: 10.1089/aut.2023.0196
- 5. Rothman, E. F., Chase, M., Scaramella, R., Haberer, B., Caplan, R., Chiang, M., Storch, J., Erwin, V.M., **Graham Holmes, L**.<sup>‡</sup> (2025). An online training for college sexual assault counselors who serve autistic students: User feasibility and satisfaction data. *Research in Autism Spectrum Disorders*, 123, 202549.
- 6. Holingue, C., **Graham Holmes, L.,** Cusano, J., & Rothman, E. F. (2025). Correlates of age at first alcohol use among a US-based sample of autistic underage youth. *Research in Autism Spectrum Disorders*, 119, 102520.
- 7. Cusano, J., **Graham Holmes, L.,** Caplan, R., Rothman, E. F. (2025). Prevalence and correlates of dating violence victimization among a U.S.-based sample of autistic youth. *Journal of Interpersonal Violence, 40*, 2676-2699.

- 8. Kaplan-Kahn, E.A.,\* Benecke, R.,\* Guthrie, W., Yerys, B. E., **Graham Holmes, L.,** & Miller, J. S. (2024). Measurement invariance of the PROMIS emotional distress and subjective well-being domains among autistic and general population adolescents. *Quality of Life Research*, 33, 3003-3012.
- 9. Alford, S.,\* & **Graham Holmes, L**.<sup>‡</sup> (2024). Intellectual and developmental disabilities in social work practice: A dedicated model syllabus for graduate schools of social work. *Journal of Teaching in Social Work, 45*, 125-176.
- 10. Dewinter, J., Giwa Onaiwu, M., Massolo, M. L., Caplan, R., Van Beneden, E., Brörmann, N., Crehan, E. T., Croen, L. A., Faja, S., Gassner, D. L., **Graham Holmes, L.,** Hughes, C., Hunter, M., Huysamen, M., Jelonche, P., Lai, M.-C., Noens, I., Pukki, H., Stokes, M. A., Strang, J. F., van der Miesen, A. I. R. (2024). Recommendations for education, clinical practice, research, and policy on promoting well-being in autistic youth and adults through a positive focus on sexuality and gender diversity. *Autism*, 28, 770-779.
- 11. **Graham Holmes, L.,** Xuan, Z., Sisson, E., Caplan, R., Sanchez, A., Wharmby, P., Holingue, C., Levy, S., & Rothman, E. F. (2024). Alcohol use patterns among underage autistic and non-autistic youth. *Journal of Autism and Developmental Disorders*, *54*, 3808-3822.
- 12. Hotez, E., Haley, M., Martinez-Agosto, J. A., Anderson, J., Brown, H., Choi, K., Croen, L. A., Dwyer, P., Fernandes, P., Gassner, D., Gragnani, C. M., **Graham Holmes, L.,** Kapp, S., Kim, D., Massolo, M., Montgomery, B., Natri, H. M., Giwa Onaiwu, M., Rava, J. A., Rosenau, K. A., Roth, J., Rudolph, D., Ryan, J. G., Shattuck, P., Shea, L., Williams, Z. J., Wilson, R. B., & Kuo, A. (2023). Updates to the Autism Intervention Research Network on Physical Health (AIR-P) Research Agenda. *Cureus*, *15*, e44388.
- 13. **Graham Holmes, L.,** Goebel, R. J.,\* Hollingue, C., Zhu, S., Zhang, H., Shan, W., Wang, S., Caplan, R., Sanchez, A., Wharmby, P., Chiang, M., Person, M., & Rothman, E. F. (2023). Reductions in depression and anxiety among autistic adults participating in an intervention to promote healthy relationships. *American Journal of Occupational Therapy*, 77(2), 7702185070.
- 14. **Graham Holmes, L.,** Anderson, K.,\* Sieber, G.,\* & Shattuck, P. T. (2023). Sexual and reproductive health services for youth on the autism spectrum: A conceptual model of utilization. *Perspectives on Sexual and Reproductive Health*, 55, 49-61.
- 15. Rothman, E. F., **Graham Holmes, L.,** Brooks, D.,\* Krauss, S., & Caplan, R. (2023). Reasons for alcohol use and non-use among underage youth on the autism spectrum: A qualitative study. *Autism*, *27*, 213-225.
- 16. Schuchard, J., Kaplan-Kahn, E. A., Carle, A. C., **Graham Holmes, L.,** Law, K., Miller, J. S., Parish-Morris, J., & Forrest, C. B. (2022). Interpreting PROMIS patient-reported outcome scores using general population and condition-specific percentiles: Autism as a use case. *Autism Research*, *15*, 2336-2345.

- 17. **Graham Holmes, L.,** Rast, J. E., Roux, A. M., Rothman, E. F. (2022). Reproductive health and substance use prevention education for autistic youth. *Pediatrics*, *149*, e2020049437T.
- 18. **Graham Holmes**, L., Croen, L., Massolo, M., Ames, J., Nunez, D. (2022). Improving the sexual and reproductive health and healthcare of autistic people. *Pediatrics*, *149*, e2020049437J.
- 19. Kuo, A. A., Hotez, E., Rosenau, K. A., Gragnani, C., Fernandes, P., Haley, M., Rudolph, D., Croen, L. A., Massolo, M. L., **Graham Holmes, L.,** Shattuck, P., Shea, L., Wilson, R., Martinez-Agosto, J. A., Brown, H., Dwyer, P. S. R., Gassner, D. L., Kapp, S. K., Ne'eman, A., et al. (2022). The Autism Intervention Research Network on Physical Health (AIR-P) Research Agenda. *Pediatrics*, *149*, e2020049437D.
- 20. Kuo, A. A., Hotez, E., Rosenau, K. A., Gragnani, C., Fernandes, P., Haley, M., Rudolph, D., Croen, L. A., Massolo, M. L., Graham Holmes, L., Shattuck, P., Shea, L., Wilson, R., Martinez-Agosto, J. A., Brown, H., Dwyer, P. S. R., Gassner, D. L., Kapp, S. K., Ne'eman, A., et al. (2022). The Autism Intervention Research Network on Physical Health (AIR-P) Charter. *Pediatrics*, 149, e2020049437C.
- 21. Rothman, E. F., **Graham Holmes, L.,** Caplan, R., Chiang, M., Haberer, B., Gallop, N., Kadel, R., Person, R., Sanchez, A., Sisson, E., Wharmby, P. (2022). Healthy Relationships on the Autism Spectrum (HEARTS): A feasibility test of an online class co-designed and cotaught with autistic people. *Autism*, 26, 690-702.
- 22. Rothman, E. F., Heller, S., & **Graham Holmes, L.** (2021). Sexual, physical, and emotional aggression, experienced by autistic versus non-autistic U.S. college students. *American Journal of College Health. Published online November 21, 2021: doi:* 10.1080/07448481.2021.1996373
- 23. **Graham Holmes, L.,** Ofei, L. M.,\* Bair-Merritt, M. H., Palmucci, P. L., & Rothman, E. F. (2021). A scoping review of randomized controlled trials on healthy relationship skills and sexual health for autistic youth. *Review Journal of Autism and Developmental Disorders*, 9, 555-570.
- 24. Rothman, E. F., & **Graham Holmes, L.** (2021). Using formative research to develop HEARTS: A curriculum-based healthy relationships promoting intervention for individuals on the autism spectrum. *Autism*, 26, 160-168.
- 25. Gray, S.,\* Kirby, A. V., & **Graham Holmes, L.** (2021). Autistic narratives of sensory features, sexuality, and relationships. *Autism in Adulthood*, *3*, 238-246.
- 26. McGhee Hassrick, E., **Graham Holmes, L.,** Sosnowy, C., Walton, J., Carley, K. (2021). Benefits and risks: A systematic review of information and communication technology (ICT) use by autistic people. *Autism in Adulthood*, *3*, 72-84.

- 27. Kirby, A. V., **Graham Holmes, L., &** Persch, A. C. (2021). Longitudinal change in parent postsecondary expectations for youth with disabilities. *Disability and Rehabilitation, 43*, 2829-2837.
- 28. **Graham Holmes, L.,** Nilssen, A. R.,\* Cann, D.,\* & Strassberg, D. S. (2020). A sex-positive mixed methods approach to sexting experiences among college students. *Computers in Human Behavior*, 115, 106619.
- 29. **Graham Holmes, L.,** Shattuck, P. T., Nilssen, A. R.\*, Strassberg, D. S., & Himle, M. B. (2020). Sexual and reproductive health service utilization and sexuality for teens on the autism spectrum. *Journal of Developmental and Behavioral Pediatrics*, 41, 667-679.
- 30. McGhee Hassrick, E. M., Sosnowy, C., **Graham Holmes, L.,** Walton, J., & Shattuck, P. T. (2020). Social capital and autism in adulthood: Applying social network methods to measure the social capital of autistic young adults. *Autism in Adulthood*, *2*, 243-254.
- 31. Dewinter, J., van der Miesen, A., & **Graham Holmes**, L.<sup>‡</sup> (2020). Stakeholder perspectives on priorities for future research on autism, sexuality, and intimate relationships. *Autism Research*, 13, 1248-1257.
- 32. **Graham Holmes, L.,** Zampella, C., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Udhnani, M.,\* Schultz, R. T., & Miller, J. S. (2020). A lifespan approach to patient-reported outcomes and quality of life for autism. *Autism Research*, *13*, 970-987.
- 33. **Graham Holmes, L.,** Himle, M. B., & Strassberg, D. S. (2020). Family sexuality communication: Parent report for autistic young adults versus a comparison group. *Journal of Autism and Developmental Disorders*, 50, 3018-3031.
- 34. **Graham Holmes, L.,** Strassberg, D. S., Himle, M. B. (2019). Family sexuality communication for adolescent girls on the autism spectrum. *Journal of Autism and Developmental Disorders*, 49, 2403-2416.
- 35. Suchy, Y., **Graham Holmes, L.,** Strassberg, D. S., Gillespie, A. A.\*, Nilssen, A. R.\*, Niermeyer, M. A., & Huntbach, B. A. (2019). The impacts of sexual arousal and its suppression on executive functioning. *Journal of Sex Research*, *56*, 114-126.
- 36. **Graham Holmes, L.,** Kirby, A., Himle, M. B., & Strassberg, D. S. (2018). Parent expectations and preparatory activities as adolescents with ASD transition to adulthood. *Journal of Autism and Developmental Disorders*, 48, 2925-2937.
- 37. **Graham Holmes, L.,** Himle, M. B., & Strassberg, D. S. (2016). Parental sexuality-related concerns for adolescents with autism spectrum disorder and average or above IQ. *Research in Autism Spectrum Disorders*, *21*, 84-93.

- 38. **Graham Holmes, L.,** Himle, M. B., & Strassberg, D. S. (2016). Parental romantic expectations and parent-child sexuality communication in autism spectrum disorders. *Autism*, 20, 687-699.
- 39. Hesse, T., **Graham Holmes, L.,** Overfelt-Kennedy, V., Kerr, L. M., & Giles, L. L. (2015). Mindfulness-based intervention for adolescents with chronic headaches: A non-randomized pilot feasibility study. *Evidence-Based Complementary and Alternative Medicine*. 10.11552015/508958.
- 40. **Graham Holmes, L.,** Himle, M. B., Sewell, K. K., Carbone, P. S., Strassberg, D. S., & Murphy, N. A. (2014). Addressing sexuality in youth with autism spectrum disorders: Current pediatric practices and barriers. *Journal of Developmental and Behavioral Pediatrics*, 35, 172-178.
- 41. **Graham Holmes**, L., & Himle, M. B. (2014). Brief report: Parent-child sexuality communication and autism spectrum disorders. *Journal of Autism and Developmental Disorders*, 44, 2964-2970.

#### **MANUSCRIPTS IN SUBMISSION**

- 1. **Graham Holmes, L.,** Thoma, B. C., Hunter, M., Antezana, L. D., Sivathasan, S., Rothman, E. F., Choukas-Bradley, S., Salk, R. H. (Under review). Suicidal thoughts and behavior among autistic sexual and gender minority youth.
- 2. **Graham Holmes, L.,** Qian, Y., Caplan, R., Frazer, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A. I. R., Nebeker, L., Taylor, R., & Croen, L. A. (Under revision). The health status of sexually-diverse and gender-diverse autistic adults: A cross-sectional electronic health records study.
- 3. Smith, I., **Graham Holmes, L.,** & White, S. W. (Under revision). A meta-analysis of psychosocial interventions for autistic adults.
- 4. Estrada, J. A. G., Ceseare, N., Barger, K., Sisson, E. Q., Cole, M. B., Graham Holmes, L., Parker, S. E., Higgins, A., Ncube, C. N., Rosenberg, S. B., Scott, A., Rao, S., Werler, M., & Rubenstein, E. (Under review). Fertility rates among women with intellectual and developmental disability enrolled in Medicaid and/or Medicare, 2011-2022.
- 5. Benecke, R. M., Williams, Z. J., **Graham Holmes, L.,** Miller, J. S., Kaplan-Kahn, E. A. (Under revision). Measurement invariance of the PROMIS Family Relationships scale among autistic and general population adolescents.
- 6. Kaplan-Kahn, E. A.,\* Benecke, R. M.,\* **Graham Holmes, L.,** & Miller, J. S. (Under revision). Understanding and measuring caregiver-reported quality of life among minimally verbal autistic children with intellectual disability.

- 7. Rothman, E. F., Yajima, M., Cusano, J., Caplan, R., **Graham Holmes, L.,** White, S. W. (Under review). RCT of an online healthy relationships class for autistic adults: Healthy Relationships on the Autism Spectrum (HEARTS).
- 8. Benecke, R.M., **Graham Holmes, L.,** Miller, J.S., & Kaplan-Kahn, E.A. (Under review). Measuring depression in autistic and general population adolescents by parent and self-report with the PROMIS Depressive Symptoms scale.
- 9. Carey, M. E.,\*, **Graham Holmes, L.,** Shea, L. L., Mandell, D. S., Schendel, D., Lee B. K., & Lyall, K. (Under review). Therapy and antidepressant use in 8- to 29-year-old autistic Medicaid enrollees with depression.

# MANUSCRIPTS IN PREPARATION

- 1. **Graham Holmes, L.,** McKenney, E.,\* Valvano, L. C.,\* Wyka, K., Mueller, M.,\* Rothman, E. F. (In prep). ADAPT: Development of a substance use disorder prevention class for autistic adults.
- 2. **Graham Holmes, L.,** Mueller, M.,\* Valvano, L. C.,\* McKenney, E.,\* & Rothman, E. F. (In prep). Substance use disorder treatment among autistic people: A qualitative study of motivations, experiences, and recommendations for tailored care.
- 3. **Graham Holmes, L.,** Crompton, C., Calderon, R.,\* Fortuna, K., Gamarel, K., Newson, A.,\* Rothman, E. F., & Shea, L. (In prep). Peer support and peer-facilitated interventions for autistic youth and adults: A scoping review.
- 4. Carey, M. E.,\* Lyall, K., Lee, B. K., **Graham Holmes, L.,** Schendel, D., & Shea, L. L. (In prep). Prevalence and incidence of treated depression among youth and young adult Medicaid enrollees.
- 5. Carey, M. E.,\* Lyall, K., **Graham Holmes, L.,** Lee, B. K., Schendel, D., & Shea, L. L. (In prep). Timely outpatient follow-up after ED visit or hospitalization for depression among Medicaid-enrolled autistic youth.
- 6. Anderson, K., McLean, K.,\* & **Graham Holmes, L.**‡ (In prep). Autism in social work research: Current landscape and knowledge gaps regarding best practices for service autistic people and their families.
- 7. Baczewski., L., Hunter, M.,\* Massolo, M., **Graham Holmes, L.**, Ames, J., & Croen, L. A. (In prep). Autism and sexual orientation and gender diversity: A narrative literature review.
- 8. Hunter, M.,\* Massolo, M., **Graham Holmes, L.,** Ames, J., & Croen, L. A. (In prep). Autism and sexual orientation and gender diversity: Disability justice commentary.

#### OTHER PUBLICATIONS

- 1. Ames, J., Rast, J. E., Giwa Onaiwu, M., Gassner, D., & **Graham Holmes**, L. (2025). Autism by the Numbers: Reproductive Health Across the Lifespan. Autism Speaks Annual Report.
- 2. Caplan, R., Hunter, M., Ames, J., Croen, L., Fraser, C., Gassner, D., Giwa Onaiwu, M., **Graham Holmes, L.,** Mahajan, A., Nebeker, L., Rodriguez, K., Rothschild, C., Taylor, R., & Massolo, M. (2023). Research Basics Training: Building Capacity for Participatory Research Among Autistic Adults.
- 3. **Graham Holmes, L., &** SIECUS: Sex Ed for Social Change. (2021). A call to action: Youth with disabilities need inclusive sex education [White paper].
- 4. **Graham Holmes, L.,** & Himle, M. B. (2017). *Tics*. Wenzel, A. (Ed.). The SAGE Encyclopedia of Abnormal and Clinical Psychology. Sage Publications, Inc.: Thousand Oaks, CA.

#### COMPETITIVE RESEARCH SUPPORT

# **Principle Investigator:**

2025 – 2026 Addressing health disparities for racial/ethnic minority autistic adults: A

recruitment and retention toolkit

Funding: NY Center for Minority Health Equity and Social Justice Research

Pilot Awards Program (U54MD017979)

Role: Principal Investigator Total Direct Costs: \$50,000

2025 – 2026 Chronic Pain Diagnosis and Management for Autistic Adults

Funding: PSC CUNY Enhanced Research Award

Role: Principal Investigator Total Direct Costs: \$11,984

2024 – 2028 ALIVE: Development and feasibility of a psychosocial intervention for sexual

and gender minority autistic adults

Funding: National Institute of Mental Health (K23MH137389-01), 4 years of

funding

Role: Principal Investigator Total Direct Costs: \$844,411

Terminated 3/18/2025, Reinstated 7/11/2025

2023 – 2024 Formative research to create a substance use disorder prevention class for

autistic adults

Funding: PSC CUNY Enhanced Research Award, 1 year of funding

Total Direct Support: \$11,965

2022 - 2024ADAPT: Development of a substance use disorder prevention class for autistic adults Funding: Organization for Autism Research Applied Research Award, 2 years of funding Total Direct Support: \$40,000 2021 - 2022Health equity promotion for sexual and gender minorities on the autism spectrum Funding: Autism Intervention Network on Physical Health Award, 1 year of Total Direct Support: \$29,000 2019 - 2020Measuring sexual and reproductive health service use and outcomes for transition-aged youth with ASD Funding: Organization for Autism Research Applied Research Competition Award, 1 year of funding Total Direct Support: \$30,000 2017 - 2018Measurement of quality of life in children, adolescents, and adults with ASD Funding: McMorris Foundation Autism Initiative Fund Pilot Study Award, 1 year of funding Total Direct Support: \$25,000 2016 - 2017Parent-child sexuality communication for adolescent girls with ASD Funding: McMorris Foundation Research Funding, 1 year of funding Total Direct Support: \$500 **Co-Investigator:** 2024 - 2027SkillFlix ASD: Video-based Microskills Training to Improve Outcomes for Autistic Adults in Treatment for Substance Use Disorder Funding: National Institute of Drug Abuse Role: Key Advisor (PI: T. Kuhn) 2023 - 2028Improving pregnancy outcomes for women with intellectual and developmental disabilities in Medicaid Funding: National Institute of Child Health and Human Development (R01HD10935), 5 years of funding Role: Co-Investigator, 15% (PI: E. Rubenstein) Total Direct Support: \$3,144,405 2022 - 2024SkillTalk: Communication training around sexual health topics for parents of youth with autism spectrum disorder Funding: National Institutes of Health/Centers for Disease Control and Prevention/Food and Drug Administration (R44HD097906-02A1), 2 years of funding Role: Co-Investigator, 15% (PI: R. Firpo-Triplett)

Total Direct Support: \$1,561,463

2022 – 2023 SkillTalk: Using streaming video for young adults with autism spectrum

disorder to build microskills to develop and sustain relationships for healthy

and independent living

Funding: National Institute on Disability, Independent Living, and

Rehabilitation Research (BISA0037), 2 years of funding

Role: Co-Investigator, 15% (PI: R. Firpo-Triplett)

Total Direct Support: \$287,500

2015 – 2016 Healthy sexuality in individuals with high functioning autism

Funding: University of Utah Vice President for Research Funding, 2 years of

funding

Role: Co-Investigator (PI: M. Himle)

Total Direct Support: \$35,000

# **PENDING OR NOT FUNDED:**

2024 – 2026 Stage 0: Testing associations between social networks and mental health

outcomes for older autistic adults

Funding: National Institute of Mental Health, 5 years of funding

Role: Co-Investigator (PI: E. Hassrick)

**NOT FUNDED** 

2025-2027 ALIVE: A psychosocial intervention to improve relationships and mental

health for sexual and gender minority autistic adults

Funding: Organization for Autism Research Applied Research Competition

Award, 2 years of funding Role: Principal Investigator Total Direct Costs: \$50,000

WITHDRAWN - K23 Reinstated

2024 – 2025 Formative research to create a pain management intervention for autistic adults

Funding: PSC CUNY Enhanced Research Award, 1 year of funding

Role: Principal Investigator Total Direct Costs: \$11.987

**NOT FUNDED** 

2024 – 2026 Development and pilot test of a chronic pain intervention for autistic adults

Funding: Organization for Autism Research Applied Research Competition

Award, 2 years of funding Role: Principal Investigator Total Direct Costs: \$50,000

**NOT FUNDED** 

2024 – 2025 Laying a foundation to address chronic pain conditions among autistic people

Funding: Autism Intervention Network on Physical Health (AIR-P) Scholars

Award

Role: Principal Investigator Total Direct Costs: \$35,000

NOT FUNDED

#### AWARDS AND HONORS

2022	CUNY Faculty Fellowship Publication Program
2021	Rosalind Franklin Society and Mary Anne Liebert Inc Award in Science for the
	paper, "Autistic Narratives of Sensory Features, Sexuality, and Relationships"
2019	Student Travel Award, International Society for Autism Research (INSAR), \$500
2018	National Institute of Mental Health (NIMH) Child Intervention, Prevention, and
	Services (CHIPS) Research Training Institute Fellowship
2018	Winter Institute on Qualitative Methods, University of Pennsylvania, full tuition
2016	Psychology Dept. Professional Development Award, University of Utah
2016, 2015	Commendation for All-Around Graduate Performance, University of Utah
2015 - 2016	University of Utah Teaching Fellowship: Full one-year funding
2015	Kevin Hawley Memorial Award, Department of Psychology
2012 - 2014	Seven consecutive Commendations for Teaching Excellence, University of Utah
2016, 2011	Graduate Student Research Travel Award, University of Utah
2015, 2014	Student Senate Funding Award, University of Utah

#### **INVITED TALKS**

- 2025 Learning from other sectors (e.g., the LGBTQ community) about addressing systemic issues in aging and autism. Aging and Autism Think Tank Discussion. United Nations Headquarters.
- What happens when you fund big questions in new terrain? Organization for Autism Research Impact Day: From Research to Reality.
- AI Assignments that bring out the best humans in our students. Presented disability bias assignment for Hunter College Academic Center for Excellence in Research and Teaching.
- Transformative health equity for sexually-diverse and gender-diverse autistic adults.

  Deakin University Department of Psychology Grand Rounds. Melbourne, Australia.
- 2024 HEARTS: A healthy relationships class for autistic people co-taught with autistic teachers. Co-presentation with Karen Lean, HEARTS facilitator. Sponsored by the New York University Autism Service.

- 2024 Rethinking Research: LGBTQIA+ autism research and policy. Webinar panel sponsored by the Policy Impact Project at the A. J. Drexel Autism Institute to spotlight critical issues affecting marginalized populations within the autistic community.
- The role of "Big Data" in research on autism and physical health: Challenges, promising approaches, and real-world implications. Webinar sponsored by the Autism Intervention Research Network on Physical Health. Co-presentation with the AIR-P Big Data Working Group.
- Health outcomes for sexually-diverse and gender-diverse autistic adults. Webinar sponsored by the Autism Intervention Research Network on Physical Health. Copresented with community advisors.
- Addressing the needs of LGBTQIA+ youth on the spectrum: A call to action. University of Calgary Owerko Centre Conference. May 2023, Calgary, Alberta, Canada.
- 2022 AIR-P Presents: Neurodiversity, Gender Diversity, and Sexual Diversity Panel.
  Association of University Councils on Disability Annual Conference. November 2022,
  Washington DC.
- 2022 Substance Use Among Autistic Adolescents and Adults: Current Research and Policy Trends. UJA Hilibrand Autism Symposium. April 2022, Online.
- 2022 Healthy Relationships on the Autism Spectrum (HEARTS): A Feasibility Test of an Online Class Co-Designed and Co-Taught with Autistic People. Organization for Autism Research. March 2022, Online.
- 2021 Empowering Sexuality Education. Considerations in Assessment and Treatment of Females & Gender Diverse Individuals on the Autism Spectrum Conference. December 3, San Francisco, CA.
- 2019 Autism, Sexuality, and Relationships for Healthcare Providers. Children's Hospital of Philadelphia Behavioral Health Seminar Series. February 21, Philadelphia, PA.
- 2017 Sex and Love on the Autism Spectrum. A. J. Drexel Autism Institute Speaker Series. December 18, Philadelphia, PA.
- 2016 Parents and Providers United: Overcoming Barriers to Providing Sexual Health Care for Youth with ASD. Seattle Children's Hospital Pediatric Bioethics Conference. July 22, Seattle, WA.

# **CONFERENCE PRESENTATIONS**

1. Clayton, A.L.,\* Benecke, R.M., **Graham Holmes, L.,** Miller, J.S., & Kaplan-Kahn, E.A. (2025, April 7 – 10). Reevaluating quality of life measurements for nonverbal autistic

- children: Addressing applicability and impact. Poster to be presented at Gatlinburg Conference, San Diego, CA, United States.
- 2. Rothman, E. F., **Graham Holmes, L.,** Mueller, M.,\* Banyard, V., & Mitchell, K. (2025, April 23-25). Risk markers for suicide attempt by autistic U.S. youth. Oral presentation for the Suicide Research Symposium, online.
- 3. Rothman, E. F., **Graham Holmes, L.,** Mueller, M.,\* Drapeau, C., Martinez Farmer, W., Cerel, J., Colburn, D., Banyard V., & Mitchell, K. (2025, April 23-25). The experiences of autistic U.S. youth who call the 988 hotline: A qualitative study. Oral presentation for the Suicide Research Symposium, online.
- 4. **Graham Holmes, L.,** Mueller, M.,\* Valvano, L.,\* McKenney, E.,\* Houck, A.,\* & Rothman, E. F. (2025, April 30-May 3). Autistic voices on substance use disorder: Navigating stigma, treatment, and recovery. Poster accepted for the International Society for Autism Research (INSAR) Annual Meeting, Seattle, WA, United States.
- 5. **Graham Holmes, L.,** Crompton, C., Newson, A.,\* Calderon, R.\* & Rothman, E. F. (2025, April 30-May 3). State of the science on peer-facilitated interventions for autistic people. Poster accepted for the International Society for Autism Research (INSAR) Annual Meeting, Seattle, WA, United States.
- 6. **Graham Holmes, L.,** Wyka, K., Valvano, L.,\* Mueller, M.,\* & Rothman, E. F. (2025, April 30-May 3). ADAPT: A mixed-methods pilot test of an intervention to address substance use disorders among autistic adults. Poster accepted for the International Society for Autism Research (INSAR) Annual Meeting, Seattle, WA, United States.
- 7. Benecke, R.M.,\* **Graham Holmes, L.,** Miller, J.S., & Kaplan-Kahn, E.A. (2025, April 30 May 3). Establishing measurement invariance of the PROMIS Depressive Symptoms scale across teen self-report and parent proxy report. Poster accepted for the International Society for Autism Research (INSAR) Annual Meeting, Seattle, WA, United States.
- 8. Valvano, L.,\* & **Graham Holmes, L.** † (2024, November). ADAPT: A co-designed, co-facilitated group-based workshop to prevent substance use disorders among autistic adults. Student presentation for the ABCT Autism Special Interest Group Pre-Conference Event, Philadelphia, PA.
- 9. Valvano, L.,\* & Graham Holmes, L.<sup>‡</sup> (2024, November). ADAPT: Preliminary data on a co-designed, co-facilitated group-based workshop to prevent substance use disorders among autistic adults. Poster presented at the Association of University Centers on Disabilities Conference, Washington, D.C.
- 10. **Graham Holmes, L.,** Thoma, B. C., Rothman, E. F., Antezana, L. D., Sivathasan, S., Choukas-Bradley, S., & Salk, R. H. (2024). Risk for suicidal behavior among autistic sexual and gender minority youth. Paper presented at the International Society for Autism Research (INSAR), Melbourne, Australia.

- 11. McKenney, E., Huysamen, M., Pearson, A., Kapit, D., & **Graham Holmes, L.** (2024). Discussant: Supporting sexual wellbeing in autistic adults: Healing from trauma, navigating consent, and seeking pleasure. Panel presentation at INSAR, Melbourne, Australia.
- 12. Valvano, L.,\* & **Graham Holmes, L.** (2024). Introducing ADAPT: An outline of a codesigned, co-facilitated group-based workshop to prevent substance use disorders among autistic adults. Presentation for the CUNY Neurodiversity Conference, NYC.
- 13. Benecke, R. M.,\* Kaplan-Kahn, E. A.,\* Williams, Z. J., **Graham Holmes, L.,** & Miller, J. S. (2024, April). Investigating measurement invariance of the PROMIS Family Relationships scale between autistic and general population adolescents. Poster presentation accepted for the Gatlinburg Conference, Kansas City, MO.
- 14. **Graham Holmes, L.,** Crompton, C., Walsh, S., Calderon, R., Newson, A., Fortuna, K., Rothman, E. F., & Shea, L. (2024, January). The science and practice of peer-facilitated interventions for autistic adults. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D.C.
- 15. **Graham Holmes, L.**, Gamarel, K., Golub, S., Qian, Y., Caplan, R., Frazer, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A., Nebeker, L. A., Taylor, R., & Croen, L. A. (2024, January). Health disparities and specialist healthcare utilization among autistic sexual and gender minority autistic adults. Poster presented at the Society for Social Work and Research Annual Conference, Washington, D.C.
- 16. **Graham Holmes, L.,** Thoma, B. C., Rothman, E. F., Antezana, L. D., Sivathasan, S., Choukas-Bradley, S., & Salk, R. H. (2023, October). Risk for suicidal behavior among autistic gender minority youth. Paper presented at the International Summit on Suicide Research Annual Meeting, Barcelona, Spain.
- 17. **Graham Holmes, L.,** Qian, Y., Caplan, R., Fraser, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A., Nebeker, L., Taylor, R., & Croen, L. A. (2023, May). Mental and physical health and healthcare utilization for LGBTQIA+ autistic adults: Compounded inequities. Poster presented at the International Society for Autism Research (INSAR) 2023 Annual Meeting, Stockholm, Sweden.
- 18. Carey M. E.,\* Lyall, K., Schendel, D., **Graham Holmes, L.,** Lee, B. K., Shea, L. L. (2023, May) Prevalence and patterns of co-occurring mental health conditions and intellectual and developmental disabilities among autistic youth and young adults. Oral presentation at INSAR, Stockholm, Sweden.
- 19. Massolo, M. L., Hunter, M. E., Caplan, R., Gassner, D. L., Onaiwu, M. G., Fraser, C., Nebeker, L., Taylor, R., **Graham Holmes, L.,** Ames, J. L., & Croen, L. A. (2023). Coproduction of a research training protocol for autistic community partners. Poster presented at INSAR, Stockholm, Sweden.

- 20. Benecke, R.,\* **Graham Holmes, L.,** Guthrie, W., Yerys, B., Miller, J., & Kaplan-Kahn, E. A.\* (2023). Measurement Invariance of the PROMIS Emotional Distress and Subjective Well-Being Domains Among Autistic and General Population Adolescents. Poster presented at INSAR, Stockholm, Sweden.
- 21. **Graham Holmes, L.,** Qian, Y., Caplan, R., Frazer, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A., Nebeker, L. A., Taylor, R., & Croen, L. A. (2022, November). The healthcare utilization of LGBTQIA+ autistic adults. Poster presented at the annual meeting of the Association for University Councils on Disability (AUCD), Washington DC.
- 22. **Graham Holmes, L.,** Qian, Y., Caplan, R., Frazer, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A., Nebeker, L. A., Taylor, R., & Croen, L. A. (2022, July). The health status of LGBTQIA+ adults on the autism spectrum. Paper presented at the National LGBTQ Health Conference, Chicago.
- 23. **Graham Holmes, L.,** Holingue, C., & Rothman, E. F. (2022, May). Underage alcohol use and non-use among autistic young people. Poster presented at the 21<sup>st</sup> Annual Meeting of INSAR, online.
- 24. Rothman, E.F., **Graham Holmes, L.,** (2022, May). Healthy Relationships on the Autism Spectrum (HEARTS): A Feasibility Test of an Online Class Co-Designed and Co-Taught with Autistic People. Individual paper presented at the 21<sup>st</sup> Annual Meeting of INSAR, online.
- 25. **Graham Holmes, L.,** (Chair) & Rothman, E. F. (2021). Where is cannabis legally available to autistic youth and adults in the U.S., and why do autistic youth report using cannabis? Panel: Substance use among adolescents and adults on the spectrum. Panel convened for the annual meeting of INSAR, online.
- 26. Rothman, E. F., **Graham Holmes, L.,** (2021). Formative research: Healthy Relationships on the Autism Spectrum. Individual paper presented at the 20<sup>th</sup> Annual Meeting of INSAR, online.
- 27. **Graham Holmes, L.,** Rothman, E. F., Brooks, D., King, S. (2021). Underage alcohol use by autistic youth: A qualitative study. Individual paper presented at the 20<sup>th</sup> Annual Meeting of INSAR, online.
- 28. **Graham Holmes, L., &** Anderson, K. A.\* (2021) Sexual and reproductive health services and equity for diverse individuals on the autism spectrum: Implications for social workers. Talk at the annual convention of the Society for Social Work and Research, online.
- 29. **Graham Holmes, L.,** Rast, J. E., Roux, A., & Shattuck, P. T. School-based sexuality education and substance abuse prevention education for U.S. students served by the special education system. Poster at the annual convention of the Society for Research on Adolescence (SRA) on March 20, 2020, San Diego, CA. (Conference cancelled)

- 30. **Graham Holmes, L.,** Sieber, G.,\* & Shattuck, P. T. Sexual and reproductive health services and equity for diverse adolescents on the autism spectrum. Poster at the annual convention of SRA on March 20, 2020, San Diego, CA. (Conference cancelled)
- 31. **Graham Holmes, L.,** Clements, C., Zampella, C. J., Maddox, B., Parish-Morris, J., Udhnani, M. D.,\* Schultz, R. T., Miller, J. S., & McCleery, J. Autistic sexual and gender minority youth: Health trajectories in adolescence and transition to adulthood. Poster at the annual convention of SRA on March 20, 2020, San Diego, CA. (Conference cancelled)
- 32. **Graham Holmes, L.,** Clements, C., Zampella, C. J., Maddox, B., Parish-Morris, J., Udhnani, M. D.,\* Schultz, R. T., Miller, J. S., & McCleery, J. (2019). Relationship and sexual functioning for autistic adults across the lifespan. Talk at the annual convention of the Society for the Scientific Study of Sexuality (SSSS), Denver, CO.
- 33. **Graham Holmes, L.,** McCleery, J., Clements, C. C., Zampella, C., Parish-Morris, J., Udhnani, M. D.,\* Schultz, R. T., & Miller, J. M. (2019). Sexual and gender minority youth on the autism spectrum: Mental health and life satisfaction. Poster presented at the annual convention of the American Public Health Association (APHA), Philadelphia, PA.
- 34. **Graham Holmes, L.,** Zampella, C. J., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (2019). Sexual and gender minorities with autism report more impaired quality of life: Nuances. Poster presented at the annual convention of the Association for Psychological Science (APS), Washington DC on May 23, 2019.
- 35. Dewinter, J., **Graham Holmes, L.,** (Discussant) & van der Miesen, A. I. (2019). Autism, sexuality, and relationships: Defining themes and priorities for future research based on a participatory approach. Panel: Autism, sexuality, and romance: From a better understanding to attuned support. Panel convened for the annual convention of International Society for Autism Research (INSAR), Montreal, Canada.
- 36. Kirby, A. V., **Graham Holmes, L.,** & Gray, S.\* (2019). Sensory processing and autistic experiences of sex and relationships. Panel: Autism, sexuality, and romance: From a better understanding to attuned support. Talk at the annual convention of INSAR, Montreal, Canada.
- 37. **Graham Holmes, L.,** Zampella, C. J., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (2019). Patient-reported outcomes: PROMIS<sup>©</sup> sexual functioning for autistic adults. Poster presented at the annual convention of INSAR, Montreal, Canada.
- 38. **Graham Holmes, L.,** Zampella, C. J., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (2019). A lifespan approach to patient-reported outcomes and quality of life for autism using NIH PROMIS<sup>©</sup>. Poster presented at the annual convention of INSAR, Montreal, Canada.

- 39. Shattuck, P. T., Rast, J., Garfield, T., Anderson, K., Roux, A., McGhee Hassrick, E., & **Graham Holmes, L.** (2019). Cohort differences in the social participation of youth on the autism spectrum receiving special education services. Poster presented at the annual convention of INSAR, Montreal, Canada.
- 40. **Graham Holmes**, L., Nilssen, A. R.,\* Strassberg, D. S., & Himle, M. B. (2018). Sexual risk profiles for male and female adults on the autism spectrum. Poster presented at the annual convention of INSAR, Rotterdam, Netherlands.
- 41. **Graham Holmes, L.,** Himle, M. B., & Strassberg, D. S. (2017). Parent-child sexuality communication and sexual knowledge for adults with autism spectrum disorder: Comparison to neurotypical controls. Talk at the annual convention of the International Academy of Sex Research (IASR), Charleston, SC.
- 42. **Graham Holmes, L.,** Strassberg, D. S., & Nilssen, A. R.\* (2017). Fun and flirty versus unwelcome and dirty: A mixed-methods study of consequences associated with sexting by college students. Poster presented at the annual convention of IASR, Charleston, SC.
- 43. **Graham Holmes, L.,** Kirby, A. V., Himle, M. B., & Strassberg, D. S. (2017). Parent preparatory activities as adolescents with ASD transition to adulthood. Poster presented at the annual convention of INSAR, San Francisco, CA.
- 44. **Graham Holmes, L.,** Zampella, C. J., Gillespie, A. A.,\* & Himle, M. B. (2017). Loneliness and quality of life for the broader autism phenotype. Poster presented at the annual convention of INSAR, San Francisco, CA.
- 45. McBride, E.,\* Burleson, V.,\* **Graham Holmes, L.,** Himle, M., Strassberg, D. (2017). Sexual Risk Profiles of Emerging Adults with ASD. Oral presentation at the meeting of the Society for the Study of Emerging Adulthood (SSEA), Washington, DC.
- 46. Gillespie, A. A.,\* **Graham Holmes, L.,** Nilssen, A. R.,\* & Strassberg, D. S. (2017). Effect of arousal suppression on executive function. Poster presented at the annual convention of the Rocky Mountain Psychological Association (RMPA), Salt Lake City, UT.
- 47. Nilssen, A. R.,\* **Graham Holmes, L.,** Strassberg, D.S. (2017). Sexting incentives and perceived consequences: A qualitative study of sexting. RMPA, Salt Lake City, UT.
- 48. Strassberg, D. S., **Graham Holmes, L., &** Nilssen, A. R.\* (2017). An examination of sexting and its consequences among college students. Oral presentation at the annual Congress of the World Association for Sexual Health, Prague, Czech Republic.
- 49. **Graham Holmes, L.,** Nilssen, A. R.,\* Himle, M.B., & Strassberg, D. S. (2016). Parent-child sexuality communication for adolescent girls with ASD. Poster presented at the annual convention of INSAR, Baltimore, MD.

- 50. Nilssen, A. R.,\* Strassberg, D. S., & **Graham Holmes, L.,** (2016). A contemporary examination of sexting and its consequences among college students. Poster presented at the annual convention of SSSS, Phoenix, AZ.
- 51. Strassberg, D. S., **Graham Holmes, L.,** Cann, D., & Velarde, V. (2016). Sexting by minors: Selfies gone wrong? Oral presentation at the annual convention of the Society for Personality and Social Psychology (SPSP), San Diego, CA.
- 52. **Graham Holmes, L.,** Doctorman, C.,\* Himle, M. B., & Strassberg, D. S. (2015). Parents and adults with autism spectrum disorder: A dyadic study of parent-child sexuality communication. Poster presented at the annual convention of INSAR, Salt Lake City, UT.
- 53. **Graham Holmes, L.,** Himle, M. B., & Doctorman, C.\* (2014). Parent-child sexuality communication and ASD: Why not? Poster presented at the annual convention of the ABCT, Philadelphia, PA.
- 54. **Graham Holmes, L.,** Himle, M. B., & Doctorman, C.\* (2014). Primary sources of sexual knowledge for young adults with ASD. Poster presented at the annual convention of ABCT, Philadelphia, PA.
- 55. **Graham Holmes, L.,** & Himle, M. B. (2013). Factors that predict parental provision of sex education for youth with high and low functioning autism. Poster presented at the annual convention of ABCT, Nashville, TN.
- 56. **Graham Holmes, L.,** Himle, M. B., Strassberg, D. S., & Farley, M. A. (2013). Parental expectations affect provision of sex education for children with autism spectrum disorders. Poster presented at the annual convention of the APS, Washington, D. C.
- 57. Himle, M. B., **Graham, L.,** Capriotti, M. R., Wilhelm S., Deckersbach, T., Specht, M., Walkup, J., Scahill, L., Sukholdolsky, D., Peterson, A., Villarreal, R., Chang, S., Flacks, L., & Piacentini, J. (2011). Function-based assessment in the Comprehensive Behavioral Intervention for Tics (CBIT) trial. Poster presented at the annual convention of ABCT, Toronto, Canada.
- 58. **Graham, L.**, Freitag, M. J., Fitts, W., Ghaffarian, R.,\* Himle, M., Franklin, S., Ely, L. J., Walther, M., & Woods, D. W. (2011). Using videoconference to disseminate behavior therapy for tics: Parent and clinician outcomes from a randomized pilot trial. Poster presented at the annual convention of ABCT, Toronto, Canada.
- 59. Fitts, W. A.,\* **Graham, L.**, Himle, M. B., Freitag, M. J., Franklin, S., Ely, L. J., Walther, M., & Woods, D. W. (2010). Using technology to treat tics: A randomized pilot trial comparing telehealth versus face-to-face delivery of CBIT for Tourette Syndrome. Poster presented at the annual meeting of ABCT, San Francisco, CA.
- 60. Phillips, B. M., Lonigan, C. J., & **Graham**, L. (2006). Now I know my ABC's: Alphabetic order and first name predict letter knowledge development in young children. Paper

presented at the Annual Meeting of the Society for the Scientific Study of Reading, Vancouver, Canada.

61. Hudson, A.T., **Graham, L.**, Connor, R.E., & Richey, J.A. (2005) Factor structure and psychometric properties of the Social Interaction Anxiety Scale (SIAS). Poster presented at the annual convention of the Anxiety Disorders Association of America (ADAA), Seattle, WA.

#### **TEACHING EXPERIENCE**

# **CUNY Hunter College, Silberman School of Social Work Graduate Courses**

Developmental Disabilities Across the Lifespan: Theory, Research, and Practice (Spring 2021, Fall 2021, Fall 2022, Fall 2023, Spring 2024, Fall 2024)

Human Behavior in the Social Environment II – Online (Spring 2021)

# **University of Utah Department of Psychology, 2010 – 2016. Instructor of Record**

Sexuality and Disability (University Teaching Fellow, Spring 2016)

Psychology as a Science and a Profession (Summer 2015, Summer 2014, Summer 2013)

Childhood and Adolescent Development (Summer 2012)

Childhood and Adolescent Development – Online (Fall 2013, Spring 2014, Fall 2014)

Infancy & Early Childhood – Online (Summer 2016, Fall 2012)

Adolescence and Emerging Adulthood – Online (Spring 2015)

Psychology of Sex and Gender – Online (Summer 2011)

#### **Teaching Assistant**

Psychology of Love with Lisa Diamond, Ph.D. (University Teaching Fellow, Fall 2015) Research Methods – Online (Spring 2013) Introductory Psychology (Spring 2011, Fall 2011, Spring 2012) Statistics (Fall 2010)

# CONSULTATION AND DEVELOPMENT

2024- Key Advisor, "Improving Outcomes for Autistic Adults in Treatment for Substance Use Disorder (SUD) with Video-based Microskills Training." R43DA063374 (PIs: Schieber & Kuhn)

2024 Transition Success Measure Working Group Member, "HRSA Autism Transitions Research Project." HRSA: UJ2MC31073 (PI: Lindsay Shea)

2023 Research Alliance Member, "Thrivology, a project by the Healthy Teen Network and Johns Hopkins Bloomberg School of Public Health Center for Adolescent Health. U.S. Department of Health and Human Services Office of Population Affairs Research-to-Practice Center Grant." (PI: Janet Max)

2022 Consultant, "A mental health toolkit for autistic college sexual assault survivors: Community-engaged research." Organization for Autism Research award (PI: Rothman).

2019 Expert Advisor, "SkillTalk: Communication Training around Sexual Health Topics for Parents of Youth with Autism Spectrum Disorder." NICHD SBIR: R43HD097906 (PI: Regina Firpo-Triplett).

2018 Expert Advisory Panel, "Autism Transitions Research Project." HRSA: UJ2MC31073. (PI: Paul Shattuck)

2018 Contributor, "Organization for Autism Research: Sex Ed for Self-Advocates Online Program."

#### EDITORIAL AND REVIEW SERVICE

#### **Grant Reviewer.**

NIH Special Emphasis Panel on Mental Health Interventions (ZRG1 HSS-M90; 2025).

NIH Health Services & Systems Panel (ZRG1 HSS-Q(90); 2024).

HRSA Developmental-Behavioral Pediatrics Training Programs (2023).

NICHD Special Emphasis Panel on Disability and Reproductive Health (2022).

Autism Intervention Network on Physical Health (AIR-P) Scholars Awards (2022, 2023). Organization for Autism Research (2019, 2020).

### Invited Reviewer.

JAMA Network Open

Journal of Clinical Child and Adolescent Psychology

Disability and Health Journal

Journal of Adolescent Health

Autism in Adulthood

Autism: International Journal of Research and Practice

Trauma, Violence, & Abuse

Journal of Sex Research

Journal of Autism and Developmental Disorders

Computers in Human Behavior

American Journal of Occupational Therapy

Journal of Applied Research on Intellectual Disability

Research in Autism Spectrum Disorders

Journal of Childhood and Developmental Disorders

Health Education Journal

American Journal of Sexuality Education

Journal of Teaching in Social Work

#### **Editorial Board.**

Autism in Adulthood (Impact Factor 9.5), Fall 2025 – Present.

Journal of Teaching in Social Work (Impact Factor 1.5), Fall 2023 – Present.

#### PROFESSIONAL SERVICE

#### **Network Service**

Autism Intervention Network on Physical Health (AIR-P) Core Member: Gender, Sexuality, and Reproductive Health Node (2020 – 2025)

AIR-P Member: Big Data Workgroup (2023 – 2025)

AIR-P Member: Scholars Award Committee (2021 – 2024)

#### **Conference Service**

Special Interest Group Organizer: Gender, Sexuality, and Relationships. International Society for Autism Research (INSAR; 2017 – 2020)

Committee Member, INSAR Special Interest Group (SIG) Committee (2016 – 2019)

Early Career Mentor, INSAR Student and Trainee Committee (2018 – 2019)

Lead Organizer and Developer, INSAR Summer Webinar Series. Stakeholder Perspectives and Participation: Building Successful Collaborations for Research (2017 – 2018)

Lead Organizer, INSAR Annual Student Socials (\$15,000 Budget; 2016 – 2018)

Lead Organizer, INSAR SIG Mentorship Initiative for Early Career Researchers (2015 – 2018)

Organizer, INSAR Student Social (\$10,000 Budget; 2015)

Student and Trainee Committee Member, INSAR (2014 – 2018)

# **University Service**

Chair, Health Field of Practice, Silberman School of Social Work (SSSW) (2022-present)

Faculty Promotion & Budget Committee, SSSW (2025)

Member, Interrupting Ideologies of Dominance Com., SSSW (2023-2024)

Member, Grade Review Committee, SSSW (2023)

Member, Undergraduate Course of Study Com., Office of Hunter College Senate (2022-2024)

Member, Nominating Committee, Office of Hunter College Senate (2024)

Interim Director, Health Field of Practice, SSSW (2021)

Lead Organizer, A. J. Drexel Autism Institute Postdoc/Trainee Seminar Series (2018 – 2019)

Diversity Committee, University of Utah Department of Psychology (2013 – 2015)

Professional Issues and Ethics Committee, University of Utah Department of Psychology (2014)

Clinical Training Committee, University of Utah Department of Psychology (2011 – 2012)

### Thesis and Dissertation Mentorship

**Xihan Yang** – Dissertation Committee Member. Developing a measure to understand the cultural relevance and responsiveness of sexuality and relationship education received by autistic adults. Ph.D. 2024. Tufts University Eliot-Pearson Department of Child Study & Human Development.

**Sabretta Alford** – Dissertation Committee Member. The influence of intellectual & developmental disabilities curriculum content on career pathways for social work students. CUNY Graduate School, Social Welfare. (2023-2024)

**Meghan Carey** – Dissertation Committee Member. Understanding follow-up care trajectories and quality for depression among Medicaid enrolled autistic young people. Drexel University Dornsife School of Public Health. (2022-2024)

- **Tatiane André** Thesis Committee. Self-efficacy and sexual communication in parents of children with autistic spectrum disorder. M.S. 2020. Universidad Autónoma de Sinaloa Department of Nursing.
- **Sarah Gray** Dissertation Committee. Autistic narratives of sensory features, sexuality, and relationships. Ph.D. 2017. University of Utah Department of Occupational and Recreational Therapies.
- **Aashild Renee Nilssen** Graduate Mentor, University Research Opportunities Program (UROP). University of Utah. B.S. 2016.
- **Roxane Ghaffarian** Graduate Mentor, Senior Baccalaureate Thesis. University of Utah. B.S. 2013.

#### **CLINICAL EXPERIENCE**

**APA-Accredited Internship:** Children's Hospital of Philadelphia (CHOP) Autism Spectrum Disorders Track combines generalist training in a pediatric medical setting with autism-specific rotations. Live supervision is provided throughout the internship. Interns choose at least one assessment, intervention, and consultation rotation per semester. As a clinical postdoctoral fellow at CHOP's Center for Autism Research, I gained expertise in diagnostic and neuropsychological assessment, integrative report writing, positive behavior supports, and supervision of graduate students. I have accrued the hours needed for licensure and am license-eligible.

# Philadelphia, Pennsylvania:

- 2018 **CHOP Center for Autism Research and Penn Department of Radiology:** Assessment focused on autism, intellectual functioning, language development, executive function, and suicidality supporting MEG and MRI projects.

  Supervisors: Lisa Blaskey, Ph.D. and Emily Kuschner, Ph.D.
- 2017 **CHOP Pulmonology Sleep Center:** Interdisciplinary evaluation and intervention for youth aged six months to 21 years. Consultation: pulmonology, neurology, CPAP team. Supervisors: Jocelyn Thomas, Ph.D. and Melissa Xanthopoulous, Ph.D.
  - University of Pennsylvania Child & Adolescent OCD, Tic, Trich & Anxiety Group (COTTAGe): CBT, exposure and response prevention, and habit reversal training. <a href="Supervisors">Supervisors</a>: Martin Franklin, Ph.D. and Courtney Weiner, Ph.D.
- 2016 CHOP Developmental and Behavioral Pediatrics Regional Autism Clinic: Interdisciplinary autism evaluations for children aged 18 months to six years. Consultation: pediatricians, neurologists, behavior analysts, speech, OT. Supervisor: Judith Miller, Ph.D.
  - CHOP Center for Autism Research, Autism and Anxiety Study: Assessment for children with co-occurring autism, intellectual disability, and anxiety. Supervisors: Whitney Guthrie, Ph.D., Brenna Maddox, Ph.D., and Judith Miller, Ph.D.

CHOP Healthy Weight Clinic: Family-based assessment and intervention (motivational interviewing for treatment adherence) for youth with obesity and co-occurring conditions. <u>Supervisor:</u> Karen Wohlheiter, Ph.D.

**CHOP Center for the Management of ADHD**: Individual parent management training for families raising youth with ADHD and ODD. <u>Supervisor</u>: Stephen Soffer, Ph.D.

# Salt Lake City and Kaysville, Utah:

### Group Facilitator

- 2015 2016 University Neuropsychiatric Institute (UNI): Group CBT and DBT for children and adolescents in inpatient or partial hospitalization programs due to suicidality. Supervisors: Deanna Reilly, Ph.D., & Sandra Whitehouse, Ph.D.
- 2014 **Primary Children's Hospital**: Group mindfulness-based intervention for adolescent girls with chronic headaches and co-occurring mental health conditions. <u>Supervisor</u>: Dedee Caplin, Ph.D.
- 2013 2014 University of Utah Autism Spectrum Disorder Clinic: Group social skills instruction for children and adults with autism, intellectual disability, ADHD, and ODD. Supervisor: Megan Farley, Ph.D.
- 2012 2014 **4th Street Homelessness Clinic:** Process group for adolescents and young adults with psychiatric conditions who were experiencing homelessness. Supervisor: Kelly Lundberg, Ph.D.

### Therapy and Assessment

- 2016 University of Utah Anxiety, OCD, and Tourette Syndrome Program:
  Assessment and treatment (habit reversal training, CBIT) for youth with Tourette syndrome and co-occurring conditions. Supervisor: Michael Himle, Ph.D.
- 2014 2016 Autism Spectrum Disorder Clinic, University of Utah Dept. of Psychiatry, Neurobehavioral HOME Program: Integrative assessments and treatment for youth and adults with autism and co-occurring conditions.

  Supervisor: Julia Connelly, Ph.D.
- 2012 2014 **Davis Behavioral Health:** Assessment and intervention for families in a community mental health facility in rural Utah. Consultation: therapists with social work and mental health backgrounds, case managers, psychiatry and psychiatric nursing. <u>Supervisor:</u> Todd Soutor, Ph.D.
- 2011 2012 University of Utah Dept. of Psychology and Counseling Center: Assessment and CBT, including a project on mental health in spouses of veterans with PTSD. Supervisors: Don Strassberg, Ph.D., ABPP, and Steve Allen, Ph.D.

#### CLINICAL SUPERVISION EXPERIENCE

2017 – 2018 CHOP Center for Autism Research and Penn Department of Radiology: Provided supervision on positive behavior supports, assessment, feedback, and

integrative report writing for advanced graduate students.

#### WORKSHOPS

#### For Professionals:

- 2025 Supporting neurodivergent college students. At Rutgers University.
- 2024 Interdisciplinary Social Work for Youth with Disabilities: Parent and Provider Collaboration. At the Interdisciplinary Social Work Practice in Schools Where Abilities and Collaboration Reside Conference.

#### LGBTQ health and well-being.

2023- Leadership Education in Neurodevelopmental Disabilities (LEND) Training program at the University of Minnesota.

# Sexuality and relationships for autistic adolescents and adults.

- 2023- Leadership Education in Neurodevelopmental Disabilities (LEND) Training program at the University of Minnesota.
- National Sex Education Conference. December 9, 2017, Atlantic City, NJ.
- 2016 Generations Conference. April 1, 2016, Salt Lake City, UT.

#### For adults on the autism spectrum:

Love and relationships on the autism spectrum.

2017 CHOP Center for Autism Research Next Steps Workshop for Adults.

#### For parents:

Talking to autistic youth about sexuality and relationships.

- 2019 TACA Pennsylvania. Newtown Square, PA.
- 2018 Valley Forge Educational Services. Philadelphia, PA.

Friendship, sexuality, and safety in personal and cyber environments.

- 2017 CHOP Center for Autism Research Next Steps Workshop for Parents of Adults.
- 2016 University of Pennsylvania Strengthening the Bond Conference.

# Puberty and sexuality for autistic adolescents.

- 2018 CHOP Center for Autism Research Next Steps Workshop for Parents.
- 2016 CHOP Center for Autism Research Next Steps Workshop for Parents.

#### **MEDIA**

- Holmes, L. G., & Miller, J. (June 3, 2020). Why it is critical to assess quality of life in people with autism. <a href="https://www.spectrumnews.org/opinion/why-it-is-critical-to-assess-quality-of-life-in-people-with-autism/">https://www.spectrumnews.org/opinion/why-it-is-critical-to-assess-quality-of-life-in-people-with-autism/</a>
- Waldman, A., Fields, A., & Clarke, A. (June 12, 2025). Science Shattered.

  <a href="https://projects.propublica.org/nih-cuts-research-lost-trump/">https://projects.propublica.org/nih-cuts-research-lost-trump/</a> [Contributed background]

  Barry, E. (June 12, 2025). The real-life dating boot camp that inspired 'Love on the Spectrum.'

  <a href="https://www.nytimes.com/2025/06/12/health/autism-dating-ucla-love-on-the-spectrum.html">https://www.nytimes.com/2025/06/12/health/autism-dating-ucla-love-on-the-spectrum.html</a> [HEARTS mentioned]

# PROFESSIONAL MEMBERSHIPS

Association for Behavioral and Cognitive Therapies International Society for Autism Research Society for Social Work and Research