

**LAURA GRAHAM HOLMES, Ph.D.**  
**April 2023**

**PERSONAL INFORMATION**

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**Business Address**

Silberman School of Social Work  
Hunter College at CUNY  
2180 3<sup>rd</sup> Avenue, New York NY 10035  
Email: [Laura.Graham@hunter.cuny.edu](mailto:Laura.Graham@hunter.cuny.edu)  
Phone: (850)-510-2504

**EDUCATION AND TRAINING**

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- 2013 – 2017 **Ph.D. in Clinical Psychology:** August 2017  
University of Utah, Department of Psychology (APA Accredited; APCS Member)  
Dissertation Title: Parent child sexuality communication and sexual knowledge:  
A dyadic study with adults on the autism spectrum and their parents
- 2010 – 2013 **M.S. in Clinical Psychology:** May 2013  
University of Utah, Department of Psychology  
Master's Thesis: Factors related to parent provision of sexuality education for  
youth with Asperger's disorder and high functioning autism
- 2002 – 2006 **B.A. in Psychology** with Honors, Magna Cum Laude  
Florida State University

**PROFESSIONAL APPOINTMENTS**

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- 2021 **Assistant Professor**  
Silberman School of Social Work  
Hunter College at CUNY
- 2020 **Senior Postdoctoral Associate**  
Community Health Sciences  
Boston University School of Public Health
- 2018 **Postdoctoral Researcher**  
Life Course Outcomes Research Program  
Drexel University A. J. Drexel Autism Institute
- 2017 **Clinical Postdoctoral Fellow**  
Center for Autism Research  
Children's Hospital of Philadelphia

2016

**Pre-doctoral Intern**

Autism Spectrum Disorders Track

Children's Hospital of Philadelphia, Department of Child and Adolescent Psychiatry and Behavioral Sciences (APA Accredited)

Fellow, Leadership Education in Neurodevelopmental Disabilities (LEND)

**PEER-REVIEWED ARTICLES**

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\*signifies trainee author/presenter ‡ signifies senior authorship

1. **Holmes, L. G.**, Goebel, R. J.,\* Hollingue, C., Zhu, S., Zhang, H., Shan, W., Wang, S., Caplan, R., Sanchez, A., Wharmby, P., Chiang, M., Person, M., & Rothman, E. F. (In press). Reductions in depression and anxiety among autistic adults participating in an intervention to promote healthy relationships. *American Journal of Occupational Therapy*.
2. **Holmes, L. G.**, Anderson, K.,\* Sieber, G.,\* & Shattuck, P. T. (2023). Sexual and reproductive health services for youth on the autism spectrum: A conceptual model of utilization. *Perspectives on Sexual and Reproductive Health*, 55, 49-61.
3. Schuchard, J., Kaplan-Kahn, E. A., Carle, A. C., **Graham Holmes, L.**, Law, K., Miller, J. S., Parish-Morris, J., & Forrest, C. B. (2022). Interpreting PROMIS patient-reported outcome scores using general population and condition-specific percentiles: Autism as a use case. *Autism Research*, 15, 2336-2345.
4. **Holmes, L. G.**, Rast, J. E., Roux, A. M., Rothman, E. F. (2022). Reproductive health and substance use prevention education for autistic youth. *Pediatrics*, 149, e2020049437T.
5. **Holmes, L. G.**, Croen, L., Massolo, M., Ames, J., Nunez, D. (2022). Improving the sexual and reproductive health and healthcare of autistic people. *Pediatrics*, 149, e2020049437J.
6. Kuo, A. A., Hotez, E., Rosenau, K. A., Gagnani, C., Fernandes, P., Haley, M., Rudolph, D., Croen, L. A., Massolo, M. L., **Holmes, L. G.**, Shattuck, P., Shea, L., Wilson, R., Martinez-Agosto, J. A., Brown, H., Dwyer, P. S. R., Gassner, D. L., Kapp, S. K., Ne'eman, A., et al. (2022). The Autism Intervention Research Network on Physical Health (AIR-P) Research Agenda. *Pediatrics*, 149, e2020049437D.
7. Kuo, A. A., Hotez, E., Rosenau, K. A., Gagnani, C., Fernandes, P., Haley, M., Rudolph, D., Croen, L. A., Massolo, M. L., **Holmes, L. G.**, Shattuck, P., Shea, L., Wilson, R., Martinez-Agosto, J. A., Brown, H., Dwyer, P. S. R., Gassner, D. L., Kapp, S. K., Ne'eman, A., et al. (2022). The Autism Intervention Research Network on Physical Health (AIR-P) Charter. *Pediatrics*, 149, e2020049437C.
8. Rothman, E. F., **Holmes, L. G.**, Brooks, D.,\* Krauss, S., & Caplan, R. (2022). Alcohol use and non-use among underage youth on the autism spectrum: A qualitative study. *Autism*. Published online May 2, 2022: doi: 10.1177/13623613221091319.

9. Rothman, E. F., **Holmes, L. G.**, Caplan, R., Chiang, M., Haberer, B., Gallop, N., Kadel, R., Person, R., Sanchez, A., Sisson, E., Wharmby, P. (2022). Healthy Relationships on the Autism Spectrum (HEARTS): A feasibility test of an online class co-designed and co-taught with autistic people. *Autism*, 26, 690-702. doi: 10.1177/13623613211069421
10. Rothman, E. F., Heller, S., & **Holmes, L. G.** (2021). Sexual, physical, and emotional aggression, experienced by autistic versus non-autistic U.S. college students. *American Journal of College Health*. Published online November 21, 2021: doi: 10.1080/07448481.2021.1996373
11. **Holmes, L. G.**, Ofei, L. M.,\* Bair-Merritt, M. H., Palmucci, P. L., & Rothman, E. F. (2021). A scoping review of randomized controlled trials on healthy relationship skills and sexual health for autistic youth. *Review Journal of Autism and Developmental Disorders*. Published online June 27, 2021: doi: 10.1007/s40489-021-00274-7
12. Rothman, E. F., & **Holmes, L. G.** (2021). Using formative research to develop HEARTS: A curriculum-based healthy relationships promoting intervention for individuals on the autism spectrum. *Autism*, 26, 160-168.
13. Gray, S., Kirby, A. V., & **Holmes, L. G.** (2021). Autistic narratives of sensory features, sexuality, and relationships. *Autism in Adulthood*, 3, 238-246.
14. McGhee Hassrick, E., **Holmes, L. G.**, Sosnowy, C., Walton, J., Carley, K. (2021). Benefits and risks: A systematic review of information and communication technology (ICT) use by autistic people. *Autism in Adulthood*, 3, 72-84.
15. Kirby, A. V., **Holmes, L. G.**, & Persch, A. C. (2021). Longitudinal change in parent postsecondary expectations for youth with disabilities. *Disability and Rehabilitation*, 43, 2829-2837.
16. **Holmes, L. G.**, Nilssen, A. R.,\* Cann, D.,\* & Strassberg, D. S. (2020). A sex-positive mixed methods approach to sexting experiences among college students. *Computers in Human Behavior*, 115, 106619.
17. **Holmes, L. G.**, Shattuck, P. T., Nilssen, A. R.\*, Strassberg, D. S., & Himle, M. B. (2020). Sexual and reproductive health service utilization and sexuality for teens on the autism spectrum. *Journal of Developmental and Behavioral Pediatrics*, 41, 667-679.
18. McGhee Hassrick, E. M., Sosnowy, C., **Holmes, L. G.**, Walton, J., & Shattuck, P. T. (2020). Social capital and autism in adulthood: Applying social network methods to measure the social capital of autistic young adults. *Autism in Adulthood*, 2, 243-254.
19. Dewinter, J., van der Miesen, A., & **Holmes, L. G.**‡ (2020). Stakeholder perspectives on priorities for future research on autism, sexuality, and intimate relationships. *Autism Research*, 13, 1248-1257.

20. **Holmes, L. G.**, Zampella, C., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Udhmani, M.,\* Schultz, R. T., & Miller, J. S. (2020). A lifespan approach to patient-reported outcomes and quality of life for autism. *Autism Research, 13*, 970-987.
21. **Holmes, L. G.**, Himle, M. B., & Strassberg, D. S. (2020). Family sexuality communication: Parent report for autistic young adults versus a comparison group. *Journal of Autism and Developmental Disorders, 50*, 3018-3031.
22. **Holmes, L. G.**, Strassberg, D. S., Himle, M. B. (2019). Family sexuality communication for adolescent girls on the autism spectrum. *Journal of Autism and Developmental Disorders, 49*, 2403-2416.
23. Suchy, Y., **Holmes, L. G.**, Strassberg, D. S., Gillespie, A. A.\*, Nilssen, A. R.\*, Niermeyer, M. A., & Huntbach, B. A. (2019). The impacts of sexual arousal and its suppression on executive functioning. *Journal of Sex Research, 56*, 114-126.
24. **Holmes, L.G.**, Kirby, A., Himle, M. B., & Strassberg, D. S. (2018). Parent expectations and preparatory activities as adolescents with ASD transition to adulthood. *Journal of Autism and Developmental Disorders, 48*, 2925-2937.
25. **Holmes, L. G.**, Himle, M. B., & Strassberg, D. S. (2016). Parental sexuality-related concerns for adolescents with autism spectrum disorder and average or above IQ. *Research in Autism Spectrum Disorders, 21*, 84-93.
26. **Holmes, L. G.**, Himle, M. B., & Strassberg, D. S. (2016). Parental romantic expectations and parent-child sexuality communication in autism spectrum disorders. *Autism, 20*, 687-699.
27. Hesse, T., **Holmes, L. G.**, Overfelt-Kennedy, V., Kerr, L. M., & Giles, L. L. (2015). Mindfulness-based intervention for adolescents with chronic headaches: A non-randomized pilot feasibility study. *Evidence-Based Complementary and Alternative Medicine, 10.11552015/508958*.
28. **Holmes, L. G.**, Himle, M. B., Sewell, K. K., Carbone, P. S., Strassberg, D. S., & Murphy, N. A. (2014). Addressing sexuality in youth with autism spectrum disorders: Current pediatric practices and barriers. *Journal of Developmental and Behavioral Pediatrics, 35*, 172-178.
29. **Holmes, L. G.**, & Himle, M. B. (2014). Brief report: Parent-child sexuality communication and autism spectrum disorders. *Journal of Autism and Developmental Disorders, 44*, 2964-2970.

## MANUSCRIPTS IN SUBMISSION

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1. **Holmes, L. G.**, Xuan, Z., Sisson, E., Caplan, R., Sanchez, A., Wharmby, P., Holingue, C., Levy, S., & Rothman, E. F. (Under revision). Drinking patterns among underage autistic and non-autistic youth.

2. Kaplan-Kahn, E.A.,\* Benecke, R.,\* Guthrie, W., Yerys, B. E., **Graham Holmes, L.**, & Miller, J.S. (Under review). Measurement invariance of the PAB-L Emotional Distress and Emotional Well-Being Subscales Among Autistic and Non-Autistic Youth.
3. Dewinter, J., Giwa Onaiwu, M., Massolo, M., Caplan, R., Van Beneden, E., Brörmann, N., Crehan, E., Croen, L, Faja, S., Gassner, D., **Graham Holmes, L.**, Hughes, C., Hunter, M., Huysamen, M., Jelonche, P., Lai, M.-C., Noens, I., Pukki, H., Stokes, M., Strang, J., van der Miesen, A. (Under review). Short report: Recommendations for education, clinical practice, research, and policy on promoting well-being in autistic youth and adults through a positive focus on sexuality and gender diversity.

## **MANUSCRIPTS IN PREPARATION**

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1. **Holmes, L. G.**, Garfield, T.,\* Zampella, C., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (In prep). Sexual and gender minority adolescents on the autism spectrum: Mental health and life satisfaction.
2. **Holmes, L. G.**, Qian, Y., & Croen, L. (In prep). The health status of sexual and gender minority adults on the autism spectrum in a large managed care organization.
3. **Holmes, L. G.**, Qian, Y., & Croen, L. (In prep). The healthcare utilization of sexual and gender minority adults on the autism spectrum in a large managed care organization.
4. Firpo-Triplett, R., Edwards, L., Kuhn, T., Akers, D. D., & **Holmes, L. G.** (In prep). Designing and pilot testing SkillFlix ASD: A sexuality communication intervention for parents of youth with autism.
5. Edwards, L., Kuhn, T., Firpo, R., Firpo-Triplett, R., & **Holmes, L. G.** (In prep). Designing and pilot testing SkillFlix for Autistic Young Adults, a communication and relationship skills video library for autistic young adults.

## **OTHER PUBLICATIONS**

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1. **Holmes, L. G.**, & SIECUS: Sex Ed for Social Change. (2021). A call to action: Youth with disabilities need inclusive sex education [White paper].
2. **Holmes, L. G.**, & Himle, M. B. (2017). *Tics*. Wenzel, A. (Ed.). The SAGE Encyclopedia of Abnormal and Clinical Psychology. Sage Publications, Inc.: Thousand Oaks, CA.

## **COMPETITIVE RESEARCH SUPPORT**

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- 2022 PI, Organization for Autism Research Applied Research Award, \$40,000: ADAPT: Development of a Substance Use Prevention Class for Autistic Adults.
- 2022 Co-PI, ACL National Institute on Disability, Independent Living, and Rehabilitation Research. SkillTalk: Using Streaming Video for Young Adults with Autism Spectrum Disorder to Build Microskills to Develop and Sustain Relationships for Healthy and Independent Living.
- 2022 Co-PI, National Institutes of Health/CDC/FDA R44: SkillTalk: Communication Training around Sexual Health Topics for Parents of Youth with Autism Spectrum Disorder.
- 2021 PI, Autism Intervention Network on Physical Health (AIR-P) Award, \$29,000: Health equity promotion for sexual and gender minorities on the autism spectrum
- 2019 PI, Organization for Autism Research Applied Research Competition Award, \$30,000: Measuring Sexual and Reproductive Health Service Use and Outcomes for Transition-aged Youth with ASD
- 2017 PI, McMorris Foundation Autism Initiative Fund Pilot Study Award, \$25,000: Measurement of Quality of Life in Children, Adolescents, and Adults with ASD
- 2016 PI, McMorris Foundation Research Funding, \$500: Parent-Child Sexuality Communication for Adolescent Girls with ASD
- 2015 Sub-I, University of Utah Vice President for Research Funding, \$35,000: Healthy Sexuality in Individuals with High Functioning Autism

## **AWARDS AND HONORS**

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- 2022 CUNY Faculty Fellowship Publication Program
- 2021 Rosalind Franklin Society and Mary Anne Liebert Inc Award in Science for the paper, “Autistic Narratives of Sensory Features, Sexuality, and Relationships”
- 2019 Student Travel Award, International Society for Autism Research (INSAR), \$500
- 2018 National Institute of Mental Health (NIMH) Child Intervention, Prevention, and Services (CHIPS) Research Training Institute Fellowship
- 2018 Winter Institute on Qualitative Methods, University of Pennsylvania, full tuition
- 2016 Psychology Dept. Professional Development Award, University of Utah
- 2016, 2015 Commendation for All-Around Graduate Performance, University of Utah
- 2015 – 2016 University of Utah Teaching Fellowship: Full one-year funding
- 2015 Kevin Hawley Memorial Award, Department of Psychology
- 2012 – 2014 Seven consecutive Commendations for Teaching Excellence, University of Utah
- 2016, 2011 Graduate Student Research Travel Award, University of Utah
- 2015, 2014 Student Senate Funding Award, University of Utah

## INVITED TALKS

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- 2023 Addressing the needs of LGBTQIA+ youth on the spectrum: A call to action. University of Calgary Owerko Centre Conference. May 2023, Calgary, Alberta, Canada.
- 2022 AIR-P Presents: Neurodiversity, Gender Diversity, and Sexual Diversity Panel. Association of University Councils on Disability Annual Conference. November 2022, Washington DC.
- 2022 Substance Use Among Autistic Adolescents and Adults: Current Research and Policy Trends. UJA Hilibrand Autism Symposium. April 2022, Online.
- 2022 Healthy Relationships on the Autism Spectrum (HEARTS): A Feasibility Test of an Online Class Co-Designed and Co-Taught with Autistic People. Organization for Autism Research. March 2022, Online.
- 2021 Empowering Sexuality Education. Considerations in Assessment and Treatment of Females & Gender Diverse Individuals on the Autism Spectrum Conference. December 3, San Francisco, CA.
- 2019 Autism, Sexuality, and Relationships for Healthcare Providers. Children's Hospital of Philadelphia Behavioral Health Seminar Series. February 21, Philadelphia, PA.
- 2017 Sex and Love on the Autism Spectrum. A. J. Drexel Autism Institute Speaker Series. December 18, Philadelphia, PA.
- 2016 Parents and Providers United: Overcoming Barriers to Providing Sexual Health Care for Youth with ASD. Seattle Children's Hospital Pediatric Bioethics Conference. July 22, Seattle, WA.

## CONFERENCE PRESENTATIONS

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1. **Holmes, L. G.**, Qian, Y., Caplan, R., Fraser, C., Gassner, D., Onaiwu, M. G., Hunter, M., Nebeker, L., Taylor, R., & Croen, L. A. (2023, May). Compounded inequities: Mental and physical health and healthcare utilization for LGBTQIA+ autistic adults: compounded inequities. Poster accepted for the International Society for Autism Research (INSAR) 2023 Annual Meeting, Stockholm, Sweden.
2. Carey M. E.,\* Lyall, K., Schendel, D., **Holmes, L. G.**, Lee, B. K., Shea, L. L. (2023, May) Prevalence and patterns of co-occurring mental health conditions and intellectual and developmental disabilities among autistic youth and young adults. Oral presentation at INSAR, Stockholm, Sweden.

3. Benecke, R.,\* **Holmes, L. G.**, Guthrie, W., Yerys, B., Miller, J., & Kaplan-Kahn, E. A.\* (2023). Measurement Invariance of the PROMIS Emotional Distress and Subjective Well-Being Domains Among Autistic and General Population Adolescents. Poster accepted for INSAR, Stockholm, Sweden.
4. **Holmes, L. G.**, Qian, Y., Caplan, R., Frazer, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A., Nebeker, L. A., Taylor, R., & Croen, L. A. (2022, November). The healthcare utilization of LGBTQIA+ autistic adults. Poster presented at the annual meeting of the Association for University Councils on Disability (AUCD), Washington DC.
5. **Holmes, L. G.**, Qian, Y., Caplan, R., Frazer, C., Gassner, D., Giwa Onaiwu, M., Hunter, M., van der Miesen, A., Nebeker, L. A., Taylor, R., & Croen, L. A. (2022, July). The health status of LGBTQIA+ adults on the autism spectrum. Paper presented at the National LGBTQ Health Conference, Chicago.
6. **Holmes, L. G.**, Hologue, C., & Rothman, E. F. (2022, May). Underage alcohol use and non-use among autistic young people. Poster presented at the 21<sup>st</sup> Annual Meeting of INSAR, online.
7. Rothman, E.F., **Holmes, L. G.** (2022, May). Healthy Relationships on the Autism Spectrum (HEARTS): A Feasibility Test of an Online Class Co-Designed and Co-Taught with Autistic People. Individual paper presented at the 21<sup>st</sup> Annual Meeting of INSAR, online.
8. **Holmes, L. G.**, (Chair) & Rothman, E. F. (2021). Where is cannabis legally available to autistic youth and adults in the U.S., and why do autistic youth report using cannabis? Panel: Substance use among adolescents and adults on the spectrum. Panel convened for the annual meeting of INSAR, online.
9. Rothman, E. F., **Holmes, L. G.** (2021). Formative research: Healthy Relationships on the Autism Spectrum. Individual paper presented at the 20<sup>th</sup> Annual Meeting of INSAR, online.
10. **Holmes, L. G.**, Rothman, E. F., Brooks, D., King, S. (2021). Underage alcohol use by autistic youth: A qualitative study. Individual paper presented at the 20<sup>th</sup> Annual Meeting of INSAR, online.
11. **Holmes, L. G.**, & Anderson, K. A.\* (2021) Sexual and reproductive health services and equity for diverse individuals on the autism spectrum: Implications for social workers. Talk at the annual convention of the Society for Social Work and Research, online.
12. **Holmes, L. G.**, Rast, J. E., Roux, A., & Shattuck, P. T. School-based sexuality education and substance abuse prevention education for U.S. students served by the special education system. Poster at the annual convention of the Society for Research on Adolescence (SRA) on March 20, 2020, San Diego, CA. (Conference cancelled)



13. **Holmes, L. G.**, Sieber, G.,\* & Shattuck, P. T. Sexual and reproductive health services and equity for diverse adolescents on the autism spectrum. Poster at the annual convention of SRA on March 20, 2020, San Diego, CA. (Conference cancelled)
14. **Holmes, L. G.**, Clements, C., Zampella, C. J., Maddox, B., Parish-Morris, J., Udhmani, M. D.,\* Schultz, R. T., Miller, J. S., & McCleery, J. Autistic sexual and gender minority youth: Health trajectories in adolescence and transition to adulthood. Poster at the annual convention of SRA on March 20, 2020, San Diego, CA. (Conference cancelled)
15. **Holmes, L. G.**, Clements, C., Zampella, C. J., Maddox, B., Parish-Morris, J., Udhmani, M. D.,\* Schultz, R. T., Miller, J. S., & McCleery, J. (2019). Relationship and sexual functioning for autistic adults across the lifespan. Talk at the annual convention of the Society for the Scientific Study of Sexuality (SSSS), Denver, CO.
16. **Holmes, L. G.**, McCleery, J., Clements, C. C., Zampella, C., Parish-Morris, J., Udhmani, M. D.,\* Schultz, R. T., & Miller, J. M. (2019). Sexual and gender minority youth on the autism spectrum: Mental health and life satisfaction. Poster presented at the annual convention of the American Public Health Association (APHA), Philadelphia, PA.
17. **Holmes, L. G.**, Zampella, C. J., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (2019). Sexual and gender minorities with autism report more impaired quality of life: Nuances. Poster presented at the annual convention of the Association for Psychological Science (APS), Washington DC on May 23, 2019.
18. Dewinter, J., **Holmes, L. G.**, (Discussant) & van der Miesen, A. I. (2019). Autism, sexuality, and relationships: Defining themes and priorities for future research based on a participatory approach. Panel: Autism, sexuality, and romance: From a better understanding to attuned support. Panel convened for the annual convention of International Society for Autism Research (INSAR), Montreal, Canada.
19. Kirby, A. V., **Holmes, L. G.**, & Gray, S.\* (2019). Sensory processing and autistic experiences of sex and relationships. Panel: Autism, sexuality, and romance: From a better understanding to attuned support. Talk at the annual convention of INSAR, Montreal, Canada.
20. **Holmes, L. G.**, Zampella, C. J., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (2019). Patient-reported outcomes: PROMIS<sup>®</sup> sexual functioning for autistic adults. Poster presented at the annual convention of INSAR, Montreal, Canada.
21. **Holmes, L. G.**, Zampella, C. J., Clements, C., Maddox, B., McCleery, J., Parish-Morris, J., Schultz, R. T., & Miller, J. S. (2019). A lifespan approach to patient-reported outcomes and quality of life for autism using NIH PROMIS<sup>®</sup>. Poster presented at the annual convention of INSAR, Montreal, Canada.

22. Shattuck, P. T., Rast, J., Garfield, T., Anderson, K., Roux, A., McGhee Hassrick, E., & **Holmes, L. G.** (2019). Cohort differences in the social participation of youth on the autism spectrum receiving special education services. Poster presented at the annual convention of INSAR, Montreal, Canada.
23. **Holmes, L.G.**, Nilssen, A. R.,\* Strassberg, D. S., & Himle, M. B. (2018). Sexual risk profiles for male and female adults on the autism spectrum. Poster presented at the annual convention of INSAR, Rotterdam, Netherlands.
24. **Holmes, L. G.**, Himle, M. B., & Strassberg, D. S. (2017). Parent-child sexuality communication and sexual knowledge for adults with autism spectrum disorder: Comparison to neurotypical controls. Talk at the annual convention of the International Academy of Sex Research (IASR), Charleston, SC.
25. **Holmes, L. G.**, Strassberg, D. S., & Nilssen, A. R.\* (2017). Fun and flirty versus unwelcome and dirty: A mixed-methods study of consequences associated with sexting by college students. Poster presented at the annual convention of IASR, Charleston, SC.
26. **Holmes, L. G.**, Kirby, A. V., Himle, M. B., & Strassberg, D. S. (2017). Parent preparatory activities as adolescents with ASD transition to adulthood. Poster presented at the annual convention of INSAR, San Francisco, CA.
27. **Holmes, L. G.**, Zampella, C. J., Gillespie, A. A.,\* & Himle, M. B. (2017). Loneliness and quality of life for the broader autism phenotype. Poster presented at the annual convention of INSAR, San Francisco, CA.
28. McBride, E.,\* Burleson, V.,\* **Holmes, L. G.**, Himle, M., Strassberg, D. (2017). Sexual Risk Profiles of Emerging Adults with ASD. Oral presentation at the meeting of the Society for the Study of Emerging Adulthood (SSEA), Washington, DC.
29. Gillespie, A. A.,\* **Holmes, L. G.**, Nilssen, A. R.,\* & Strassberg, D. S. (2017). Effect of arousal suppression on executive function. Poster presented at the annual convention of the Rocky Mountain Psychological Association (RMPA), Salt Lake City, UT.
30. Nilssen, A. R.,\* **Holmes, L.G.**, Strassberg, D.S. (2017). Sexting incentives and perceived consequences: A qualitative study of sexting. RMPA, Salt Lake City, UT.
31. Strassberg, D. S., **Holmes, L. G.**, & Nilssen, A. R.\* (2017). An examination of sexting and its consequences among college students. Oral presentation at the annual Congress of the World Association for Sexual Health, Prague, Czech Republic.
32. **Holmes, L. G.**, Nilssen, A. R.,\* Himle, M.B., & Strassberg, D. S. (2016). Parent-child sexuality communication for adolescent girls with ASD. Poster presented at the annual convention of INSAR, Baltimore, MD.

33. Nilssen, A. R.,\* Strassberg, D. S., & **Holmes, L. G.** (2016). A contemporary examination of sexting and its consequences among college students. Poster presented at the annual convention of SSSS, Phoenix, AZ.
34. Strassberg, D. S., **Holmes, L. G.**, Cann, D., & Velarde, V. (2016). Sexting by minors: Selfies gone wrong? Oral presentation at the annual convention of the Society for Personality and Social Psychology (SPSP), San Diego, CA.
35. **Holmes, L. G.**, Doctorman, C.,\* Himle, M. B., & Strassberg, D. S. (2015). Parents and adults with autism spectrum disorder: A dyadic study of parent-child sexuality communication. Poster presented at the annual convention of INSAR, Salt Lake City, UT.
36. **Holmes, L. G.**, Himle, M. B., & Doctorman, C.\* (2014). Parent-child sexuality communication and ASD: Why not? Poster presented at the annual convention of the ABCT, Philadelphia, PA.
37. **Holmes, L. G.**, Himle, M. B., & Doctorman, C.\* (2014). Primary sources of sexual knowledge for young adults with ASD. Poster presented at the annual convention of ABCT, Philadelphia, PA.
38. **Holmes, L. G.**, & Himle, M. B. (2013). Factors that predict parental provision of sex education for youth with high and low functioning autism. Poster presented at the annual convention of ABCT, Nashville, TN.
39. **Holmes, L. G.**, Himle, M. B., Strassberg, D. S., & Farley, M. A. (2013). Parental expectations affect provision of sex education for children with autism spectrum disorders. Poster presented at the annual convention of the APS, Washington, D. C.
40. Himle, M. B., **Graham, L.**, Capriotti, M. R., Wilhelm S., Deckersbach, T., Specht, M., Walkup, J., Scahill, L., Sukholdolsky, D., Peterson, A., Villarreal, R., Chang, S., Flacks, L., & Piacentini, J. (2011). Function-based assessment in the Comprehensive Behavioral Intervention for Tics (CBIT) trial. Poster presented at the annual convention of ABCT, Toronto, Canada.
41. **Graham, L.**, Freitag, M. J., Fitts, W., Ghaffarian, R.,\* Himle, M., Franklin, S., Ely, L. J., Walther, M., & Woods, D. W. (2011). Using videoconference to disseminate behavior therapy for tics: Parent and clinician outcomes from a randomized pilot trial. Poster presented at the annual convention of ABCT, Toronto, Canada.
42. Fitts, W. A., **Graham, L.**, Himle, M. B., Freitag, M. J., Franklin, S., Ely, L. J., Walther, M., & Woods, D. W. (2010). Using technology to treat tics: A randomized pilot trial comparing telehealth versus face-to-face delivery of CBIT for Tourette Syndrome. Poster presented at the annual meeting of ABCT, San Francisco, CA.
43. Phillips, B. M., Lonigan, C. J., & **Graham, L.** (2006). Now I know my ABC's: Alphabetic order and first name predict letter knowledge development in young children. Paper

presented at the Annual Meeting of the Society for the Scientific Study of Reading, Vancouver, Canada.

44. Hudson, A.T., **Graham, L.**, Connor, R.E., & Richey, J.A. (2005) Factor structure and psychometric properties of the Social Interaction Anxiety Scale (SIAS). Poster presented at the annual convention of the Anxiety Disorders Association of America (ADAA), Seattle, WA.

## **TEACHING EXPERIENCE**

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### **CUNY Hunter College, Silberman School of Social Work Graduate Courses**

Issues in Developmental Disabilities (Spring 2021, Fall 2021, Fall 2022)  
Human Behavior in the Social Environment II – Online (Spring 2021)

### **University of Utah Department of Psychology, 2010 – 2016.**

#### **Instructor of Record**

Sexuality and Disability (University Teaching Fellow, Spring 2016)  
Psychology as a Science and a Profession (Summer 2015, Summer 2014, Summer 2013)  
Childhood and Adolescent Development (Summer 2012)  
Childhood and Adolescent Development – Online (Fall 2013, Spring 2014, Fall 2014)  
Infancy & Early Childhood – Online (Summer 2016, Fall 2012)  
Adolescence and Emerging Adulthood – Online (Spring 2015)  
Psychology of Sex and Gender – Online (Summer 2011)

#### **Teaching Assistant**

Psychology of Love with Lisa Diamond, Ph.D. (University Teaching Fellow, Fall 2015)  
Research Methods – Online (Spring 2013)  
Introductory Psychology (Spring 2011, Fall 2011, Spring 2012)  
Statistics (Fall 2010)

#### **Guest Lectures, 2017 – 2020:**

University of Pennsylvania, Social Work. Graduate course, Developmental Disabilities.

Instructor: Jennifer Plumb, Ph.D.

Drexel University, Psychology. Undergraduate course, Autism Spectrum Disorders.

Instructor: Giacomo Vivanti, Ph.D. (two invitations)

University of the Sciences, Psychology. Undergraduate course, Autism and IDD.

Instructor: Ashley De Marchena, Ph.D. (three invitations)

## **CONSULTATION AND DEVELOPMENT**

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2023 Research Alliance Member, Thrivology, a project by the Healthy Teen Network and

Johns Hopkins Bloomberg School of Public Health Center for Adolescent Health. U.S. Department of Health and Human Services Office of Population Affairs Research-to-Practice Center Grant (PI: Janet Max)

2022 Consultant, A mental health toolkit for autistic college sexual assault survivors: Community-engaged research. Organization for Autism Research award (PI: Emily F. Rothman).

2019 Expert Advisor, SkillTalk: Communication Training around Sexual Health Topics for Parents of Youth with Autism Spectrum Disorder. NICHD SBIR: R43HD097906 (PI: Regina Firpo-Triplett).

2018 Expert Advisory Panel, Autism Transitions Research Project. HRSA: UJ2MC31073. (PI: Paul Shattuck)

2018 Contributor, Organization for Autism Research: Sex Ed for Self-Advocates Online Program.

## **WORKSHOPS**

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### **For adults on the autism spectrum:**

Love and relationships on the autism spectrum.

2017 CHOP Center for Autism Research Next Steps Workshop for Adults.

### **For sex educators and medical/mental health professionals:**

Sexuality and relationships for adolescents and adults with autism/IDD.

2017 National Sex Education Conference. December 9, 2017, Atlantic City, NJ.

2016 Generations Conference. April 1, 2016, Salt Lake City, UT.

### **For parents:**

Talking to youth with autism across the spectrum about sexuality and relationships.

2019 TACA Pennsylvania. Newtown Square, PA.

2018 Valley Forge Educational Services. Philadelphia, PA.

Friendship, sexuality, and safety in personal and cyber environments.

2017 CHOP Center for Autism Research Next Steps Workshop for Parents of Adults.

2016 University of Pennsylvania Strengthening the Bond Conference.

Puberty and sexuality for adolescents on the autism spectrum

2018 CHOP Center for Autism Research Next Steps Workshop for Parents.

2016 CHOP Center for Autism Research Next Steps Workshop for Parents.

## **CLINICAL EXPERIENCE**

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**APA-Accredited Internship:** Children’s Hospital of Philadelphia (CHOP) Autism Spectrum Disorders Track combines generalist training in a pediatric medical setting with autism-specific rotations. Live supervision is provided throughout the internship. Interns choose at least one assessment, intervention, and consultation rotation per semester. As a clinical postdoctoral fellow at CHOP’s Center for Autism Research, I gained expertise in diagnostic and neuropsychological assessment, integrative report writing, positive behavior supports, and supervision of graduate students. I have accrued the hours needed for licensure and am license-eligible.

### **Philadelphia, Pennsylvania:**

2018 **CHOP Center for Autism Research and Penn Department of Radiology:** Assessment focused on autism, intellectual functioning, language development, executive function, and suicidality supporting MEG and MRI projects.  
Supervisors: Lisa Blaskey, Ph.D. and Emily Kushner, Ph.D.

2017 **CHOP Pulmonology Sleep Center:** Interdisciplinary evaluation and intervention for youth aged six months to 21 years. Consultation: pulmonology, neurology, CPAP team.  
Supervisors: Jocelyn Thomas, Ph.D. and Melissa Xanthopoulos, Ph.D.

**University of Pennsylvania Child & Adolescent OCD, Tic, Trich & Anxiety Group (COTTAGE):** CBT, exposure and response prevention, and habit reversal training.  
Supervisors: Martin Franklin, Ph.D. and Courtney Weiner, Ph.D.

2016 **CHOP Developmental and Behavioral Pediatrics Regional Autism Clinic:** Interdisciplinary autism evaluations for children aged 18 months to six years. Consultation: pediatricians, neurologists, behavior analysts, speech, OT.  
Supervisor: Judith Miller, Ph.D.

**CHOP Center for Autism Research, Autism and Anxiety Study:** Assessment for children with co-occurring autism, intellectual disability, and anxiety.  
Supervisors: Whitney Guthrie, Ph.D., Brenna Maddox, Ph.D., and Judith Miller, Ph.D.

**CHOP Healthy Weight Clinic:** Family-based assessment and intervention (motivational interviewing for treatment adherence) for youth with obesity and co-occurring conditions.  
Supervisor: Karen Wohlheiter, Ph.D.

**CHOP Center for the Management of ADHD:** Individual parent management training for families raising youth with ADHD and ODD. Supervisor: Stephen Soffer, Ph.D.

### **Salt Lake City and Kaysville, Utah:**

#### Group Facilitator

2015 – 2016 **University Neuropsychiatric Institute (UNI):** Group CBT and DBT for children and adolescents in inpatient or partial hospitalization programs due to suicidality.  
Supervisors: Deanna Reilly, Ph.D., & Sandra Whitehouse, Ph.D.

- 2014 **Primary Children's Hospital:** Group mindfulness-based intervention for adolescent girls with chronic headaches and co-occurring mental health conditions. Supervisor: Dedee Caplin, Ph.D.
- 2013 – 2014 **University of Utah Autism Spectrum Disorder Clinic:** Group social skills instruction for children and adults with autism, intellectual disability, ADHD, and ODD. Supervisor: Megan Farley, Ph.D.
- 2012 – 2014 **4<sup>th</sup> Street Homelessness Clinic:** Process group for adolescents and young adults with psychiatric conditions who were experiencing homelessness. Supervisor: Kelly Lundberg, Ph.D.

#### Therapy and Assessment

- 2016 **University of Utah Anxiety, OCD, and Tourette Syndrome Program:** Assessment and treatment (habit reversal training, CBIT) for youth with Tourette syndrome and co-occurring conditions. Supervisor: Michael Himle, Ph.D.
- 2014 – 2016 **Autism Spectrum Disorder Clinic, University of Utah Dept. of Psychiatry, Neurobehavioral HOME Program:** Integrative assessments and treatment for youth and adults with autism and co-occurring conditions. Supervisor: Julia Connelly, Ph.D.
- 2012 – 2014 **Davis Behavioral Health:** Assessment and intervention for families in a community mental health facility in rural Utah. Consultation: therapists with social work and mental health backgrounds, case managers, psychiatry and psychiatric nursing. Supervisor: Todd Soutor, Ph.D.
- 2011 – 2012 **University of Utah Dept. of Psychology and Counseling Center:** Assessment and CBT, including a project on mental health in spouses of veterans with PTSD. Supervisors: Don Strassberg, Ph.D., ABPP, and Steve Allen, Ph.D.

#### CLINICAL SUPERVISION EXPERIENCE

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- 2017 – 2018 **CHOP Center for Autism Research and Penn Department of Radiology:** Provided supervision on positive behavior supports, assessment, feedback, and integrative report writing for advanced graduate students.

#### EDITORIAL AND REVIEW SERVICE

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##### **Grant Reviewer.**

- Autism Intervention Network on Physical Health (AIR-P) Scholars Awards (2022).  
 Organization for Autism Research (2019, 2020).  
 NICHD Special Emphasis Panel on Disability and Reproductive Health (2022).  
 HRSA Developmental-Behavioral Pediatrics Training Program (2023).

**Invited Reviewer.**

Disability and Health Journal, Computers in Human Behavior, American Journal of Occupational Therapy, Journal of Sex Research, Journal of Adolescent Health, Autism in Adulthood, Journal of Autism and Developmental Disorders, Journal of Applied Research on Intellectual Disability, Research in Autism Spectrum Disorders, Autism: International Journal of Research and Practice, Journal of Childhood and Developmental Disorders

**PROFESSIONAL SERVICE**

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**Conference Service**

Special Interest Group Organizer: Gender, Sexuality, and Relationships. International Society for Autism Research (INSAR; 2017 – 2020)  
Committee Member, INSAR Special Interest Group (SIG) Committee (2016 – 2019)  
Early Career Mentor, INSAR Student and Trainee Committee (2018 – 2019)  
Lead Organizer and Developer, INSAR Summer Webinar Series. Stakeholder Perspectives and Participation: Building Successful Collaborations for Research (2017 – 2018)  
Lead Organizer, INSAR Annual Student Socials (\$15,000 Budget; 2016 – 2018)  
Lead Organizer, INSAR SIG Mentorship Initiative for Early Career Researchers (2015 – 2018)  
Organizer, INSAR Student Social (\$10,000 Budget; 2015)  
Student and Trainee Committee Member, INSAR (2014 – 2018)

**University Service**

Member, Interrupting Ideologies of Dominance Com., Silberman School of Social Work (2023)  
Member, Grade Review Committee, Silberman School of Social Work (2023)  
Member, Undergraduate Course of Study Committee, Office of Hunter College Senate (2022)  
Director, Health Field of Practice, Silberman School of Social Work (2022-2023)  
Interim Director, Health Field of Practice, Silberman School of Social Work (2021)  
Lead Organizer, A. J. Drexel Autism Institute Postdoc/Trainee Seminar Series (2018 – 2019)  
Diversity Committee, University of Utah Department of Psychology (2013 – 2015)  
Professional Issues and Ethics Committee, University of Utah Department of Psychology (2014)  
Clinical Training Committee, University of Utah Department of Psychology (2011 – 2012)

**Formal Research Mentorship Experience**

Dissertation Committee. Meghan Carey. Drexel University Dornsife School of Public Health (2021)  
Thesis Committee. Tatiane André. Universidad Autónoma de Sinaloa, Department of Nursing (2020)  
Dissertation Committee. Sarah Gray, University of Utah Department of Occupational and Recreational Therapies (2017)  
Graduate Mentor, University Research Opportunities Program (UROP). Aashild Renee Nilssen, University of Utah (2016)  
Graduate Mentor, Senior Thesis. Roxane Ghaffarian, University of Utah (2013)



## **MEDIA**

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Holmes, L. G., & Miller, J. (June 3, 2020). Why it is critical to assess quality of life in people with autism. <https://www.spectrumnews.org/opinion/why-it-is-critical-to-assess-quality-of-life-in-people-with-autism/>

## **PROFESSIONAL MEMBERSHIPS**

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American Psychological Association – Division 53  
Association of Behavioral and Cognitive Therapies  
International Society for Autism Research  
Association for Psychological Science  
International Academy of Sex Research  
Society for the Scientific Study of Sexuality  
American Public Health Association