

LIAT LEA SHKLARSKI, PhD, LCSW-R

Silberman School of Social Work, Hunter College
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EDUCATION

- 9/2014–3/2019 **CITY UNIVERSITY OF NEW YORK** New York, NY
The Graduate Center and the Silberman School of Social Work at Hunter College
PhD in Social Welfare
Dissertation chair: Gerald Mallon, DSW, LCSW
Dissertation title: *The Implementation Fidelity of the Family Finding Intervention Through the Lens of Permanency Specialists*
- 6/2010 **UNIVERSITY OF WASHINGTON** Seattle, WA
School of Social Work
Master of Social Work
Concentration in Children, Youth, and Families
Chair: Peter Pecora, PhD
Thesis title: *The Engagement of Frontline Workers in Case Advocacy Practice: A Replication Study on Realizing Rights*
- 8/2008 **TEL AVIV UNIVERSITY** Tel Aviv, Israel
The Bob Shapell School of Social Work
Bachelor of Social Work
Concentration in Mental Health Practice

PEER-REVIEWED PUBLICATIONS

*Co-authored with current or former students under my supervision.

Shklarski, L. (accepted). Social work programs for the ultra-Orthodox Jewish community: Shaping a professional identity and meeting the needs of the community. *Journal of Teaching Social Work*.

Shklarski, L., Paz, Y., Latzer, Y., & Ray, K. (2023). The influence of remote learning on the emotional and cognitive experiences of social work students in Israel due to COVID-19. *Journal of Social Work Education*. DOI: 10.1080/02615479.2023.2241488

Shklarski, L., & Ray, K. (accepted). Back to the future: How Master of Social Work students adjusted to returning to in-person instruction during the COVID-19 pandemic. *Journal of Social Work Education*.

*Paz, Y., Koren, C., **Shklarski, L.**, & Latzer, Y. (2023). The meaning of online social work education for students and faculty during COVID-19: Between preservation and change. *British Journal of Social Work*, bcad132, <https://doi.org/10.1093/bjsw/bcad132>

- Shklarski, L., *Paz, Y., Latzer, Y., & Ray, K. (2023).** The impact of the COVID-19 pandemic on social work instructors: The case of Israel. *Journal of Teaching in Social Work*, 43(4), 381-395, DOI: 10.1080/08841233.2023.2241969
- *Paz, Y., Latzer, Y., & **Shklarski, L. (2023).** השפעת המעבר ללמידה מרחוק, בעקבות התפשטות מגפת הקורונה, על חווית הלמידה של סטודנטים לעבודה סוציאלית בישראל. ביטחון סוציאלי [The impact of the transition to remote learning on the learning experience of social work students in Israel during the COVID-19 pandemic], 119, 1-16.
- Shklarski, L., Abrams, A., & *Bakst, E. (2022).** Psychotherapy in the era of COVID-19: Therapists' decisions to return to in-person, continue working remotely, or offer a hybrid method. *Journal of Digital Psychology* 3(1), 11-17.
- Shklarski, L., & *Kalogridis, L. (2022).** Promotion and prevention of perinatal mood and anxiety disorders: Collaborative initiatives between social workers and doulas. *Journal of Perinatal Education*, 31(2), 1–13.
- Ray, K., & **Shklarski, L. (2021).** The impact of the transition from in-person to remote courses on Master of Social Work students due to COVID-19. *Journal of Teaching in Social Work*, 41(5), 550–562. <https://doi.org/10.1080/08841233.2021.1991548>
- Shklarski, L., & Ray, K. (2021).** The abrupt transition to distance social work teaching: Lessons learned in the age of COVID-19. *Journal of Teaching in Social Work*, 41(5), 505–519. <https://doi.org/10.1080/08841233.2021.1988032>
- Shklarski, L., Abrams, A., & *Bakst, E. (2021).** Navigating changes in the physical and psychological spaces of psychotherapists during COVID-19: When home becomes the office. *Practice Innovations*, 6(1), 55–66. <https://doi.org/10.1037/pri0000138>
- Shklarski, L., Abrams, A., & *Bakst, E. (2021).** Will we ever again conduct in-person psychotherapy sessions? Factors associated with the decision to provide in-person therapy in the age of COVID-19. *Journal of Contemporary Psychotherapy*, 51, 265–272. <https://doi.org/10.1007/s10879-021-09492-w>
- Shklarski, L. (2020).** Implementation fidelity of the Family Finding Intervention: The perspectives of permanency specialists. *Journal of Public Child Welfare*. 15(4), 413-432 <https://doi.org/10.1080/15548732.2020.1746477>
- Shklarski, L. (2020).** Understanding individual and organizational factors related to implementation fidelity of Family Finding, an intervention to support foster youth transition to independent living. *Child Welfare*, 98(2), 105–138.
- Shklarski, L. (2019).** Foster parent skills and dilemmas: A qualitative study. *Child Welfare*, 97(2), 41–62.
- Shklarski, L., Madera, V. P., Bennett, K., & Marcial, K. (2015).** Family Finding Project: Results from a one-year program evaluation. *Child Welfare*, 94(6), 67–86.
- Shklarski, L. (2010).** *The engagement of frontline workers in case advocacy practice: A replication study on realizing rights* [Unpublished master's thesis]. The University of Washington.

BOOK CHAPTERS

*Ner, D., **Shklarski, L.**, & Latzer, Y. (in press). Review of the international research related to social work education during COVID-19. In Y. Latzer & L. Shklarski (Eds.), *Social work education and the COVID-19 pandemic: International insights toward innovation and creativity*. Routledge.

Shklarski, L., & Laguna, M. (2023). Fee-for-service providers' perspectives on their role: A mixed-methods study. In L. Shklarski & M. Laguna (Eds.), *From grad school to private practice: A roadmap for mental health clinicians*. Cognella.

Shklarski, L., & Laguna, M. (2023). What is fee-for-service psychotherapy? Definition, history, and statistics, and how do you go about it (what, why, and how)? In L. Shklarski & M. Laguna (Eds.), *From grad school to private practice: A roadmap for mental health clinicians*. Cognella.

Laguna, M., & **Shklarski, L.** (2023). Postgraduate training: How and why is it important for FFS clinicians? In L. Shklarski & M. Laguna (Eds.), *From grad school to private practice: A roadmap for mental health clinicians*. Cognella.

Laguna, M., & **Shklarski, L.** (2023). Behind the scenes of the clinical work, step by step. In L. Shklarski & M. Laguna (Eds.), *From grad school to private practice: A roadmap for mental health clinicians*. Cognella.

Shklarski, L., & Laguna, M. (2023). Innovation in mental health services and its effect on new clinicians. In L. Shklarski & M. Laguna (Eds.), *From grad school to private practice: A roadmap for mental health clinicians*. Cognella.

Shklarski, L., & Abrams, A. (2021). Effective supervision during the COVID-19 pandemic: The transition to remote learning. In L. Shklarski & A. Abrams (Eds.), *A contemporary approach to clinical supervision: The supervisee perspective*. Routledge.

Shklarski, L., & Abrams, A. (2021). Social justice and cultural competence in clinical supervision. In L. Shklarski & A. Abrams (Eds.), *A contemporary approach to clinical supervision: The supervisee perspective*. Routledge.

Shklarski, L., & Abrams, A. (2021). Defining effective supervision through the eyes of the supervisee: A contemporary systematic review. In L. Shklarski & A. Abrams (Eds.), *A contemporary approach to clinical supervision: The supervisee perspective*. Routledge.

Shklarski, L. (2021). Two detectives working on a case. In L. Shklarski & A. Abrams (Eds.), *A contemporary approach to clinical supervision: The supervisee perspective*. Routledge.

BOOKS

Latzer, Y., & **Shklarski, L.** (expected March 2024). *Social work education and the COVID-19 pandemic: International insights toward innovation and creativity*. Routledge.

Shklarski, L., & Latzer, Y. (expected December 2023). *Rethinking social work education in light of the COVID-19 pandemic: Lessons learned from social work scholars and leaders*. Cognella.

Shklarski, L., & Laguna, M. (2023). *From grad school to private practice: A roadmap for mental health clinicians*. Cognella.

Shklarski, L., & Abrams, A. (2021). *A contemporary approach to clinical supervision: The supervisee perspective*. Routledge.

MANUSCRIPTS UNDER REVIEW & IN PREPARATION

Shklarski, L., & Ray, K. (in preparation). Navigating the dilemma: Use of ChatGPT in social work education.

Shklarski, L., *Ner, D., & Leopold, J. (in preparation). The role of lactation consultants in identifying symptoms of perinatal mood and anxiety disorder.

REPORTS

Mallon, G., & **Shklarski, L.** (2017, June). *Foster Parents Partnering with Teens program, year three evaluation report: Conrad N. Hilton Foundation*. Silberman School of Social Work at Hunter College.

Mallon, G., & **Shklarski, L.** (2016, June). *Family Finding Project year two evaluation report: The Redlich Horwitz Foundation*. Silberman School of Social Work at Hunter College.

Mallon, G., & **Shklarski, L.** (2016, June). *Foster Parents Partnering with Teens program, year two evaluation report: Conrad N. Hilton Foundation*. Silberman School of Social Work at Hunter College.

Mallon, G., & **Shklarski, L.** (2015, June). *Family Finding Project year one evaluation report: The Redlich Horwitz Foundation*. Silberman School of Social Work at Hunter College.

Mallon, G., & **Shklarski, L.** (2015, June). *Foster Parents Partnering with Teens program, year one evaluation report: Conrad N. Hilton Foundation*. Silberman School of Social Work at Hunter College.

CONFERENCE PRESENTATIONS

Shklarski, L., Paz, Y., Ray, K., & Latzer, Y. (2023, Jan. 12–15). *The impact of the COVID-19 pandemic on social work instructors: The case of Israel*. [Poster presentation]. Society of Social Work Research (SSWR), Phoenix, AZ.

Shklarski, L., & Laguna, M. (2022, Nov. 10). *Fee-for-service providers' perspectives on their role: A mixed-methods study*. Council on Social Work Education (CSWE), Anaheim, CA

Shklarski, L., & Ray, K. (2022, Apr. 6–8). *The abrupt transition to distance social work teaching: Lessons learned in the age of COVID-19* [Oral presentation]. European Conference for Social Work (ECSWR), Amsterdam, Netherlands.

Paz, Y., **Shklarski, L., & Latzer, Y.** (2022, Jan. 13–16). *The transition to remote learning in schools of social work in Israel: A comparison between students and instructors* [Poster presentation]. Society of Social Work Research (SSWR), Washington, DC.

Ray, K., & **Shklarski, L.** (2022, Jan. 13–16). *A comparison study on the impact of the transition from in-person social work education to remote delivery for masters social work students and social work instructors as a result of the COVID-19 pandemic* [Oral presentation]. Society of Social Work Research (SSWR), Washington, DC.

- Shklarski, L., & Ray, K.** (2021, Nov. 4–7). *The abrupt transition to distance social work teaching during the COVID-19 pandemic* [Poster presentation]. Council on Social Work Education (CSWE), Orlando, FL.
- Ray, K., & **Shklarski, L.** (2021, Apr. 21–22). *Adapting social work learning to online: Lessons learned from the USA* [Oral presentation]. Global Social Work Symposium, Virtual.
<https://www.ramapo.edu/international/gsws21/>
- Shklarski, L., & Adler, R.** (2021, Jan. 19–22). *Social work and the Orthodox Jews: Mediating challenges during MSW studies* [Oral presentation]. Society of Social Work Research (SSWR), Virtual.
- Shklarski, L., & Kalogridis, L.** (2021, Jan. 19–22). *Prevention of perinatal mental health: Collaborative initiatives between social workers and doulas* [Poster presentation]. Society of Social Work Research (SSWR), Virtual.
- Shklarski, L., & Abrams, A.** (2021, Jan. 19–22). *Effective clinical supervision: A systematic review of the supervisee's perspective* [Poster presentation]. Society of Social Work Research (SSWR), Virtual.
- Shklarski, L., & Adler, R.** (2020, Nov. 12–15). *Social work and the Orthodox Jews: Mediating challenges during MSW studies* [Poster presentation]. The 66th Annual Program Meeting, Council on Social Work Education, Denver, CO.
- Shklarski, L., & Kalogridis, L.** (2020, Nov. 12–15). *Prevention of perinatal mental health: Collaborative initiatives between social workers and doulas* [Poster presentation]. The 66th Annual Program Meeting, Council on Social Work Education, Denver, CO.
- Shklarski, L., & Kalogridis, L.** (2020, July 8–12). *The role of doulas identifying and referring women with symptoms of pre and postnatal depression, anxiety, and mood disorders to mental health services during the pre and postpartum period* [Poster presentation]. The 33rd Annual Postpartum Support International (PSI) Conference, New Orleans, LA.
- Shklarski, L.** (2020, Jan. 18). *The implementation fidelity of the Family Finding intervention through the lens of permanency specialists* [Poster presentation]. Society of Social Work Research (SSWR), Washington, DC.
- Shklarski, L.** (2019, Apr. 24). *The implementation fidelity of the Family Finding intervention through the lens of permanency specialists* [Poster presentation]. National Conference on Child Abuse and Neglect (NCCAN), Washington, DC.
- Shklarski, L.** (2018, Jan. 13). *Family Finding and engagement: Intervention to promote lasting relationships for transitioning out of care foster youth* [Workshop presentation]. 2018 SSWR Annual Conference, Washington, DC.
- Shklarski, L.** (2018, Jan. 12). *Family Finding Project: Results from a one-year program evaluation* [Poster presentation]. 2018 SSWR Annual Conference, Washington, DC.
- Shklarski, L.** (2017, Oct. 19). *Family Finding Project: Results from a one-year program evaluation* [Workshop presentation]. International Conference on Family Engagement, Vail, CO.

- Shklarski, L.** (2017, Sept. 27). *Comparing the efficacy of two interventions to promote lasting relationships for foster youth* [Workshop presentation]. International Foster Care Research Conference, Paris, France.
- Shklarski, L.** (2017, Mar. 8). *Family Finding Project: Results from a two-year program evaluation* [Poster presentation]. The 2017 Annual Meeting of the Society for Adolescent Health and Medicine, New Orleans, LA.
- Shklarski, L.** (2017, Jan. 31). *Family Finding Project: Results from a one-year program evaluation* [Workshop presentation]. The 31st Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Shklarski, L.** (2016, Dec. 13–15). *Comparing the efficacy of two interventions to promote lasting relationships for foster youth* [Oral presentation]. The Haruv Institute 4th International PhD Student Mentoring Workshop on Child Maltreatment, Jerusalem, Israel.
- Shklarski, L.** (2016, Sept. 1). *Foster parent skills and dilemmas: A qualitative study* [Poster presentation]. The 20th National Conference on Child Abuse and Neglect, Washington, DC.
- Shklarski, L.** (2016, May 12). *Foster parent skills and dilemmas: A qualitative study* [Poster presentation]. Research Festival, The Graduate Center at City University of New York, New York, NY.
- Shklarski, L., Madera, V., Bennett, K., & Marcial, K.** (2015, Oct. 19). *Family Finding Project: Results from a one-year program evaluation* [Oral presentation]. Family Finding Symposium. The Silberman School of Social Work at Hunter College, New York, NY.

ACADEMIC POSITIONS

- 08/2023–Present **HUNTER COLLEGE, CITY UNIVERSITY OF NEW YORK**
Assistant Professor
Courses taught in the Master of Social Work program
- Clinical Practice with Individuals, Families, and Groups - II (SSW 722.50)
- 09/2020–08/2023 **RAMAPO COLLEGE OF NEW JERSEY**
Assistant Professor
Courses taught in the Master of Social Work program
- Fall 2020, 2021: Practice Methods I
 - Fall 2021: Human Behavior in the Social Environment - III
 - Spring 2021, 2022: Practice Methods II
 - Spring 2021, 2022 Human Behavior in the Social Environment - II
- Courses taught in the Bachelor of Social Work program**
- Fall 2020: Practice Methods I
 - Spring 2021, 2022: Practice Methods II
- 06/2018–09/2021 **SMITH COLLEGE, SCHOOL OF SOCIAL WORK**
Course Coordinator and Adjunct Professor
- Social Work Research Methods (380/381)
 - Family Theory for Clinical Social Work (HBSE 132)

09/2019–08/2020 **LONG ISLAND UNIVERSITY, Brooklyn Campus**

Assistant Professor

Courses taught in the New Seminary Master of Social Work program

- Fall 2019: Practice Methods I (611)
- Fall 2019: Practice Methods III (613)
- Spring 2020: Practice Methods II (612)
- Spring 2020: Capstone (790)

Course taught in the General Master of Social Work program

- Spring 2020: Research Methods I (798) (two sections)

06/2015–12/2019 **HUNTER COLLEGE, CITY UNIVERSITY OF NEW YORK**

Adjunct Professor

Courses taught in the Master of Social Work program

- Clinical Practice with Individuals, Families, and Groups - II (SSW 722.50)
- Clinical Practice with Individuals, Families, and Groups - III (SSW 723.50)
- Platform Course, Child Welfare: Children, Youth, and Families (SSW 797.70)
- Human Behavior in the Social Environment - III (SSW 713.50)
- Human Behavior in the Social Environment - III, Jumbo class (SSW 713.50)
- Professional Seminar (SSW 79000)

TRAINING INSTITUTE TEACHING EXPERIENCE

04/2019–06/2019 **THE PSYCHOANALYTIC TRAINING INSTITUTE OF THE NEW YORK COUNSELING AND GUIDANCE SERVICE**

Instructor

Course taught

- Introduction to Technique

RESEARCH EXPERIENCE

10/2020–Present **HAIFA UNIVERSITY, Haifa, Israel**
Research Advisor

09/2018–2020 **SMITH COLLEGE, SCHOOL OF SOCIAL WORK**
Research Practicum Advisor

09/2014–12/2018 **HUNTER COLLEGE, CITY UNIVERSITY OF NEW YORK**
Research Assistant

Supervisor: Gerald Mallon, DSW, LCSW

The Redlich Horwitz Foundation: \$200,000 grant for the Family Finding Unit

The Hilton Foundation: \$1,500,000 grant to create the Foster Parents Partnering with Teens program

- Assisted with all aspects of the research and program evaluation projects.
- Worked with a team to conduct process and outcome evaluations of intervention programs at The Children's Village.
- Presented the results of program evaluations to the programs' funders and to directors of child welfare agencies in New York City.
- Prepared literature reviews and IRB applications for multiple projects.
- Collected and analyzed quantitative and qualitative data using SPSS and ATLAS.ti.

SOCIAL WORK PRACTICE EXPERIENCE

- 11/2014–Present **PRIVATE PRACTICE** Manhattan, NY
Therapist
- Provide individual psychotherapy for adolescents and adults.
 - Offer couples and family therapy.
- 3/2013–11/2014 **JEWISH BOARD OF FAMILY AND CHILDREN’S SERVICES** Bronx, NY
Social Worker
- Provided individual psychotherapy for children, adolescents, and young adults, as well as couples and family counseling.
 - Engaged caregivers and foster children through parent–child interaction therapy and positive discipline tools.
 - Collaborated with multidisciplinary team members.
 - Provided culturally competent and sensitive services to adults and children of various ethnic and socioeconomic backgrounds.
 - Completed intake assessments and evaluated clients for mental, behavioral, and emotional disorders.
- 10/2010–10/2012 **SOUND MENTAL HEALTH** Seattle, WA
Therapist
- Provided psychotherapy to foster children and adolescents.
 - Treated adults, families, and couples coping with depression, anxiety, post-traumatic stress disorder, and substance abuse.
 - Trained caregivers to utilize positive discipline tools.
 - Conducted psychotherapy group interventions for adolescents.
 - Provided parent–child interaction therapy to children and their caregivers.
 - Counseled survivors of domestic violence and conducted a full array of case management tasks.
 - Completed intake assessments and evaluated clients for mental, behavioral, and emotional disorders to develop appropriate crisis plans and treatment plans.
 - Mentored interns in individual and group clinical work.
- 12/2009–9/2010 **YOUTH EASTSIDE SERVICES (YES)** Bellevue, WA
Social Worker
- Coordinated outreach for youth in the community.
 - Provided counseling, clinical services, crisis intervention, case management, and drug and alcohol counseling for at-risk youth from low-income and diverse populations.
 - Facilitated groups for youth to master social skills, anger management, body image, transitions in life, and past traumas.
 - Trained parents in positive discipline techniques.

CONTINUING EDUCATION

- 9/2013–5/2015 **THE CONTEMPORARY FREUDIAN SOCIETY** New York, NY
Psychoanalytic Training Institute
- Earned a two-year certificate in the study of psychoanalytic psychotherapy.
- 1/9/2012 **COR NW FAMILY DEVELOPMENT CENTER** Seattle, WA
- Attended an infant observation seminar.

- 4/8/2012 **UNIVERSITY OF WASHINGTON** Seattle, WA
Harborview Center for Sexual Assault and Traumatic Stress
 ● Completed parent–child interaction therapy training (PCIT)
- 6/2010 **THE POSITIVE DISCIPLINE ASSOCIATION** Kirkland, WA
 ● Received certified positive discipline parenting educator training.

MILITARY SERVICE

- 8/2000–4/2004 **ISRAEL DEFENSE FORCES** Israel
Lieutenant
 ● Trained combat soldiers as a platoon commander.
 ● Held operations officer position during the 2003 Persian Gulf conflict.

PROFESSIONAL AFFILIATIONS/LICENSURE

- Licensed Clinical Social Worker (LCSW-R), New York
- Licensed Independent Clinical Social Worker, Washington
- Member of the New York Freudian Society
- Member of the New York State Society for Clinical Social Work
- Member of the Society for Social Work Research

AWARDS

- 09/2014 Provost’s Pre-Dissertation Summer Research Award, CUNY
 The Haruv Institute 4th International PhD Student Mentoring Workshop on Child Maltreatment (travel allowance)
 Doctoral Student Research Grant, The Graduate Center, CUNY
 Two-Year Grad D Fellowship, The Graduate Center, CUNY