

**George Patterson, MS, PhD**  
**Silberman School of Social Work at Hunter College**  
**City University of New York**  
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New York, New York 10035  
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Tel: 212-396-7564

## **EDUCATION**

**University at Buffalo, Doctor of Philosophy** 1997  
Dissertation: The effects of social factors, socialization, and coping on psychological distress among police officers  
Chair: Michael Farrell, PhD

**Columbia University School of Social Work, Master of Science** 1982  
Concentration: Families, Individuals and Group

**University of California, Los Angeles, Bachelor of Arts** 1980  
Major: Sociology

## **SPECIALIZED TRAININGS & CERTIFICATIONS**

Licensed Clinical Social Worker  
New York State License No: R-028791  
Date of Licensure: 12/24/84, expires 07/31/2021  
R 6-Year Psychotherapy Privilege New York State (1994)  
National Association of Social Workers, Academy of Certified Social Workers 1989 - Present

## **ACADEMIC APPOINTMENTS**

Associate Professor, Silberman School of Social Work at Hunter College, CUNY 2010-Present

Assistant Professor, Silberman School of Social Work at Hunter College, CUNY 2005-2010

Assistant Professor, New York University, School of Social Work 9/98 - 8/05

## PUBLICATIONS

### PEER-REVIEWED ARTICLES

- Patterson, G. T. (2021, forthcoming). "Treger, Harvey." In *The Encyclopedia of Social Work*, ed. Cynthia Franklin. New York: National Association of Social Workers Press and Oxford University Press. <https://oxfordre.com/socialwork>.
- Patterson, G.T., & Swan, P.G. (2019). Police social work and social service collaboration strategies one hundred years after Vollmer: A systematic review. *Policing: An International Journal*, 42(5), 863-886.
- Patterson, G. T. (2016). A brief exploratory report of coping strategies among police recruits during academy training. *Psychological Reports*, 119(2), 557-567.
- Patterson, G. T. (2016). *Community policing*. Oxford Bibliographies in Social Work. New York: Oxford University Press, <http://www.oxfordbibliographies.com/view/document/obo-9780195389678/obo-9780195389678-0239.xml?rskey=zsiQqx&result=34>
- Patterson, G. T., & Swan, P. G. (2016). Police shootings of unarmed African American males: A systematic review. *Human Behavior in the Social Environment*. First published online at <http://www.tandfonline.com/doi/full/10.1080/10911359.2015.1125204>
- Patterson, G. T., Chung, I. W., & Swan, P. G. (2014). Stress management interventions for police officers and recruits: A meta-analysis. *Journal of Experimental Criminology*, 10(4), 487-513.
- Patterson, G. T. (2013). Prisoner reentry: A public health or public safety issue for social work practice? *Social Work in Public Health*, 28, 129-141.
- Patterson, G. T., Chung, I.W., Swan, P. G. (2013). *Effects of stress management training on physiological, psychological, and behavioral outcomes among police officers and recruits*. No. 8 of Crime Prevention Research Review. Washington, DC: U.S. Department of Justice, Office of Community Oriented Policing Services.
- Patterson, G. T. (2012). *Police social work*. Oxford Bibliographies in Social Work. New York: Oxford University Press, <http://www.oxfordbibliographies.com/view/document/obo-9780195389678/obo-9780195389678-0016.xml?rskey=rvl6uQ&result=64&q=>
- Patterson, G. T. (2010). Mental stress and workers' compensation claims among police officers. *Journal of Workplace Rights*, 14(4), 441-455.
- Patterson, G. T. (2010). A composite review of social work research textbooks. *Journal of Teaching in Social Work*, 30, 237-246.
- Patterson, G. T. (2009). An examination of evidenced-based practice interventions for public emergencies. *Journal of Evidence-Based Social Work*, 6, 274-287.
- Patterson, G. T. (2008). A framework for facilitating stress management educational groups for police officers. *Social Work with Groups*, 31, 53-70.
- Wheeler, D. P., & Patterson, G. T. (2008). Prisoner reentry. *Health & Social Work*, 33, 145-147.

- Patterson, G. T. (2008). Police social work: A unique area of practice arising from law enforcement functions. *Currents Newsletter of the NASW*, 52(8), 1,8-9.
- Patterson, G. T. (2007). An exploratory study assessing the effects of demographic characteristics on attitudes toward child abuse and neglect among police recruits. *Psychological Reports*, 101, 451-456.
- Patterson, G. T. (2007). The role of police officers in elementary and secondary schools: Implications for police-school social work collaboration. *School Social Work Journal*, 31, 82-99.
- Patterson, G. T. (2007). Examining missing person police reports to identify the service needs of missing children and their families. *Journal of Human Behavior and the Social Environment*, 16, 73-88.
- Patterson, G. T. (2004). Police social work crisis teams: Practice and research implications. *Stress, Trauma and Crisis*, 7, 93-104.
- Patterson, G. T. (2004). Evaluating the effects of child abuse training on the attitudes, knowledge and skills of police recruits. *Research on Social Work Practice*, 14, 273-280.
- Patterson, G. T. (2003). Police-social work collaboration in response to the World Trade Center attacks. *International Journal of Mass Emergencies and Disasters*, 21, 87-102.
- Patterson, G. T. (2003). Examining the effects of coping and social support on work and life stress among police officers. *Journal of Criminal Justice*, 31, 215-226.
- Patterson, G. T. (2002). Predicting the effects of military service experience on stressful occupational events in police officers. *Policing: An International Journal of Police Strategies and Management*, 25, 602-618.
- Patterson, G. T. (2002). Development of a law enforcement stress and coping questionnaire. *Psychological Reports*, 90, 789-799.
- Patterson, G. T. (2001). Reconceptualizing traumatic incidents experienced by law enforcement personnel. *The Australasian Journal of Disaster and Trauma Studies*. Retrieved November 12, 2001 from <http://www.massey.ac.nz/~trauma/>
- Patterson, G. T. (2001). The relationship between demographic variables and exposure to traumatic incidents among police officers. *The Australasian Journal of Disaster and Trauma Studies*. Retrieved November 12, 2001 from <http://www.massey.ac.nz/~trauma/>
- Patterson, G. T. (2000). Demographic factors as predictors of coping strategies among police officers. *Psychological Reports*, 87, 275-283.

### Book Chapters

- Patterson, G. T., & Swan, P. G. (2017). Police shootings of unarmed African American males: A systematic review. In S. E. Moore, A. C. Adedoyin, & M. A. Robinson (Eds.), *Police and the unarmed Black male crisis: Advancing effective prevention strategies*. New York: Routledge.
- Patterson, G. T. (2016). The components of stress management interventions for law enforcement personnel. In R. Burke & C. Cooper (Eds.), *Stress in policing: Sources, consequences and intervention* (pp. 277-292). Aldershot, UK: Gower Publishing Ltd.

- Patterson, G. T., & Telesco, G. A. (2009). Police officers. In A. Gitterman & R. Salmon (Eds.), *Encyclopedia of social work with groups* (pp. 226-227). New York: Routledge.
- Patterson, G. T. (2008). Police social work. In T. Mizrahi & L. Davis (Eds.), *Encyclopedia of social work (20<sup>th</sup> ed.)* (Vol. 20, pp. 357-362). New York: Oxford.
- Patterson, G. T., & Telesco, G. A. (2004). Mass violence and law enforcement personnel. In L. Straussner & N. Phillips (Eds.), *Social work and mass violence* (pp. 117-125). Boston, MA: Allyn & Bacon.
- Patterson, G. T. (2002). The law enforcement response to social problems: Mental health as a case in point. In G. Landsberg, M. Rock, & L. Berg (Eds.), *Serving mentally ill offenders and their victims: Challenges and opportunities for social workers and other mental health professional* (pp. 47-50). New York: Springer.
- Patterson, G. T. (1999). Coping effectiveness and occupational stress among police officers. In J. M. Violanti & D. Paton (Eds.), *Police trauma: The psychological aftermath of civilian combat* (pp. 214-226). Springfield, Ill: Charles C. Thomas.

### Books

- Patterson, G. T., & Graham, W. K. (2018). *Clinical interventions in criminal justice settings: Evidence-based practice*. Cambridge, MA: Elsevier Academic Press.
- Patterson, G. T. (2012). *Social work practice in the criminal justice system*. New York: Routledge.

### Book Reviews

- Patterson, G. T. (2009). Secondary traumatic stress and the child welfare professional. Josephine G. Pryce, Kimberly K. Shackelford and David H. Pryce. Chicago, Ill: Lyceum Books, Inc., 2006, (2006). *Journal of Teaching in Social Work*, 29, 359-361.
- Patterson, G. T. (2008). *FDNY Crisis Counseling: Innovative Responses to 9/11 Firefighters, Families, and Communities*. (2006). Paul Greene, Dianne Kane, Grace Christ, Sallie Lynch, and Malachy Corrigan. Hoboken, NJ: John Wiley & Sons, Inc. *Journal of Teaching in Social Work*, 28, 297-299.

### INVITED PUBLICATIONS

- Patterson, G. T., & Sullivan, K. (2016, Spring/Summer). From the field: A class project examining evidence-based practices and principles in the criminal justice system. *Section Connection - NASW Social Work & the Courts Newsletter*, 5-6.
- Bendik, A., Vodrazkova, D., & Patterson, G. T. (2015). The New York Secure Ammunition & Firearms Act (SAFE) of 2013: MSW students' perspectives from the field. *Section Connection - NASW Social Work & the Courts Newsletter*, 6-8.
- Patterson, G. T. (2011). Police social work. *Section Connection - NASW Social Work & the Courts Newsletter*, 1, 5.
- Patterson, G. T. (Summer/2018). The social work profession, mental health, and gun reform legislation. *Section Connection - NASW Social Work & the Courts Newsletter*, 2-4.

## PUBLICATIONS UNDER REVIEW

Social Justice Brief (Law Enforcement) NASW

## PUBLICATIONS IN PREPARATION

Clinical Interventions to Ameliorate the Effects of Social Injustice among Individuals with Police Contact: Lessons Learned from Police Social Work Practice

## PROFESSIONAL REPORTS

Patterson, G. T., & Chung, I. (2010). *Stress management training and development programs for police officers and recruits*. [Peer reviewed]. Retrieved from [campbellcollaboration.org/lib/download/949/](http://campbellcollaboration.org/lib/download/949/)

Patterson, G. T. (2009). *Instructor's manual and test bank to accompany understanding social welfare: A search for justice by R. Dolgoff and D. Feldstein, 8th ed.* Boston, MA: Allyn & Bacon.

Patterson, G. T. (2007). *TestGen and MyHelpingLab to accompany Morales, Sheafor and Scott social work a profession of many faces 11<sup>th</sup> ed.* Boston, MA: Allyn & Bacon.

Patterson, G. T. (2007). *Instructor's manual and test bank to accompany Lesser and Pope human behavior in the social environment, 1<sup>st</sup> ed.* Boston, MA: Allyn & Bacon.

Patterson, G. T. (2007). *Instructor's manual and test bank to accompany understanding social welfare: A search for justice by R. Dolgoff and D. Feldstein, 7th ed.* Boston, MA: Allyn & Bacon.

Patterson, G. T. (2003). *Instructor's manual and test bank to accompany understanding social welfare by R. Dolgoff and D. Feldstein, 6<sup>th</sup> ed.* Boston, MA: Allyn & Bacon.

## **RESEARCH & TRAINING GRANTS**

### FUNDED RESEARCH

UK National Institute of Health Research Incentive Awards for Cochrane and Campbell Systematic Reviews (pending)

The Professional Staff Congress-City University of New York (PSC-CUNY). Principal Investigator. A pilot study to examine the psychological, health and support service needs among student veterans at two CUNY campuses. \$3,098.52. (Funded July 2015).

The Professional Staff Congress-City University of New York (PSC-CUNY). Principal Investigator. Stress management interventions for law enforcement. \$3,280.02. (Funded July 2013).

Presidential Fund for Faculty Advancement. Principal Investigator. A systematic review of stress interventions among social workers. \$1,200. (Funded January 2013).

New York Community Trust. Principal Investigator. A pilot study to examine the relationship between substance use, mental illness and risk and/or progression among recently incarcerated women returning to the East Harlem neighborhood. \$50,000. (Funded January 2012).

George Mason University - UK National Policing Improvement Agency Campbell Collaboration Reviews on Policing. Principal Investigator. *Stress management training and development programs for police officers and recruits*. \$41,000 (Awarded July 2009).

Hunter College Faculty Initiative with Technology Award. \$2,000 (Awarded June 2008).

The Professional Staff Congress-City University of New York (PSC-CUNY). Principal Investigator. *A multimethod convergent analysis approach assessing the mental health needs of law enforcement recruits*. \$5,858 (awarded April 2007).

## TEACHING EXPERIENCE

Social Work Research I and II; Ways of Knowing: Criminal Justice; Social Work in the Criminal Justice System; Evidence-Based Practices in the Criminal Justice System.

## PRESENTATIONS

### PEER REVIEWED PRESENTATIONS

Dixon, K., & Patterson, G. T. (2018, June). What every social workers should know about forensic social work and practice recommendations. Paper presented at the National Association of Social Workers 2018 National Conference. Washington, DC.

Patterson, G. T. (2017, January). *Decisions that influence police office use of deadly force: A systematic review*. Poster presented at the 21<sup>st</sup> annual meeting of the Society for Social Work and Research, New Orleans, LA.

Dixon, K, Call, C., & Patterson, G. T. (2016, June). What is forensic social work? And why every social workers should know. Paper presented at the National Association of Social Workers 2016 National Conference. Washington, DC.

Patterson, G. T. (2016, November). *Police shootings of unarmed individuals: Race, research, and the social work profession*. Paper presented at the 62<sup>nd</sup> Annual Program Meeting of the Council on Social Work Education, Atlanta, GA.

Patterson, G. T. (2011, October). *Group work with police officers: Planning, purpose, stress education, and process*. Poster presented at the 57<sup>th</sup> Annual Program Meeting of the Council on Social Work Education, Atlanta, GA.

Patterson, G. T., Chung, I., & Swan, P. (2011, August). *The effects of stress management interventions among police officers and recruits*. Paper presented at the CEBCP - Campbell Collaboration Joint Symposium on Evidence-Based Policy at George Mason University, Fairfax, Virginia.

Patterson, G. T., Chung, I., & Swan, P. (2010, November). *Stress management training for police officers and recruits: A systematic review*. Paper presented at The American Society of Criminology San Francisco, CA.

Patterson, G. T. (2010, August). A pilot study investigating the training needs of a mid-sized police department. Presented at the 105<sup>th</sup> annual meeting of the American Sociological Association, Atlanta, GA.

Patterson, G. T., Chung, I., & Swan, P. (2010, November). *Stress management training for police officers and recruits: A systematic review*. Paper presented at The American Society of Criminology, San Francisco, CA.

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- Patterson, G. T. (2010, August). *A pilot study investigating the training needs of a mid-sized police department*. Paper presented at the 105<sup>th</sup> annual meeting of the American Sociological Association, Atlanta, GA.
- Patterson, G. T. (2009, November). A classroom practica approach to teaching a graduate research course. Paper presented at the 55<sup>th</sup> Annual Program Meeting of the Council on Social Work Education, San Antonio, TX.
- Patterson, G. T. (2009, August). Stress and coping research outcomes: Implications for workplace programs. Informal Roundtable Discussion Section, chaired and presented at the 104<sup>th</sup> annual meeting of the American Sociological Association, San Francisco, CA.
- Patterson, G. T. (2008, October). *Police social work: Implications for education and practice*. Panel Session organized, chaired, and presented paper, at the 54<sup>th</sup> Annual Program Meeting of the Council on Social Work Education, Philadelphia, PA.
- Mallon, G. P., & Patterson, G. T. (2008, October). *Development and evaluation of a post-graduate certificate program in adoption*. Poster Session presented at the 54<sup>th</sup> Annual Program Meeting of the Council on Social Work Education, Philadelphia, PA.
- Patterson, G. T. (2008, August). *Prisoner reentry policies and practices*. Informal Roundtable Discussion presented at the 103<sup>rd</sup> annual meeting of the American Sociological Association, Boston, MA.
- Patterson, G. T. (2007, October). *The development of a university-community partnership within a school of social work*. Paper presented at the 52<sup>nd</sup> Annual Program Meeting of the Council on Social Work Education, San Francisco, CA.
- Patterson, G. T. (2007, August). *An examination of psychological distress among police recruits in an urban training academy*. Paper presented at the 102<sup>nd</sup> annual meeting of the American Sociological Association, New York, NY.
- Patterson, G. T. (2006, August). *Predictors of attitudes toward child physical abuse, sexual abuse and neglect*. Paper presented at the 101<sup>st</sup> annual meeting of the American Sociological Association, Montreal, Quebec, Canada.
- Patterson, G. T. (2006, February). *Teaching the criminal justice system to social work students*. Paper presented at the 52<sup>nd</sup> Annual Program Meeting of the Council on Social Work Education, Chicago, IL.
- Patterson, G. T. (2005, January). *Development and validation of the Psychological Distress Scale*. Paper presented at the 10<sup>th</sup> annual meeting of the Society for Social Work and Research, Miami, FL.
- Patterson, G. T. (2004, April). *Skills and knowledge for applied sociologists within correctional settings*. Paper presented at the Pacific Sociological Association 75<sup>th</sup> Annual Meeting, San Francisco, CA.
- Patterson, G. T. (2003, August). *Evaluating the effects of child abuse training on the attitudes of police recruits*. Paper presented at the 98<sup>th</sup> annual meeting of the American Sociological Association, Atlanta, GA.
- Patterson, G. T., & Telesco, G. A. (2002, November). *The police-social work connection: Teamwork in crisis, critical incidents, and disasters*. Presentation at National Association of Social Workers Continuing Education Program (6 CEU's), New York, NY.

- Patterson, G. T. (2002, August). *A police social work collaborative response to the World Trade Center Attack*. Paper presented at the 97<sup>th</sup> annual meeting of the American Sociological Association, Chicago, Ill.
- Patterson, G. T. (2002, August). *Ad hoc or standing disaster teams?: A unique law enforcement response to community disasters*. Paper presented at the 97<sup>th</sup> annual meeting of the American Sociological Association, Chicago, Ill.
- Patterson, G. T. (2001, August). *From applicant to recruit: Gender differences in early experiences among police recruits*. Paper presented at the 96<sup>th</sup> annual meeting of the American Sociological Association, Anaheim, CA.
- Patterson, G. T. (2000, November). *Teaching adaptive coping in the treatment of those in high-risk occupations*. Paper presented at the meeting of the New York State Society for Clinical Social Work, New York, NY.
- Patterson, G. T. (2000, August). *Militarization among American police departments: The effects of military service on occupational tasks in police officers*. Paper presented at the 95<sup>th</sup> annual meeting of the American Sociological Association, Washington, DC.
- Patterson, G. T. (2000, January). *Helping police officers cope with occupational and personal stress*. Paper presented at the meeting of the Society for Social Work Research 4<sup>th</sup> Annual Conference, Charleston, SC.
- Patterson, G. T. (1999, May). *Substance abuse in the workplace*. Paper presented at the meeting of the National Association of Social Workers Addictions Institute, New York, NY.
- Patterson, G. T., & Farrell, M. P. (1997, August). *The effects of demographic and coping factors on police officers' psychological well-being*. Paper presented at the 92<sup>nd</sup> annual meeting of the American Sociological Association, Toronto, Canada.
- Patterson, G. T. (1996, August). *Stress, appraisal, and coping among police officers*. Paper presented at the 91<sup>st</sup> annual meeting of the American Sociological Association, New York, NY.

### **INVITED PRESENTATIONS**

- Patterson, G. T. (2016). Keynote Speaker - Police and Social Service Services Conference, September 8, 2016. St Cloud State University. *Almost 100 years of police social work: Collaborative strategies for the next 100 years*.
- Patterson, G. T., Chung, I., & Swan, P. (2010, March). *Stress management training for police officers and recruits*. Paper presented at the National Policing Improvement Agency/Campbell Collaboration, Bramshill, England.

### **PROFESSIONAL EXPERIENCE**

- |   |             |
|---|-------------|
| Veterans Administration Medical Center    | 1983 - 1984 |
| The City of New York Department of Health | 1982 - 1983 |

### **SERVICE TO ACADEMIC INSTITUTIONS**

#### **University Service**

- |   |                |
|---|----------------|
| Faculty Delegate Assembly<br>Updated September 2018 | 2019 - Present |
|---|----------------|



Master Plan Committee	2019 - Present
Undergraduate Academic Requirements Committee	2019 - Present
Software Advisory Committee	2018 - 2010
Hunter College Library Search Committee	2010 - 2011
Hunter College Senate	2008 - 2010
The Office of the Provost, School of Education, and Instructional Computing and Information Technology (ICIT) “tech Thursdays” Series	2008
Campus-wide Library Task Force Committee, Technology Subcommittee	2006 - 2007
The Office of the provost and the Instructional Review Board Faculty Development Seminar, Presenter	2006

## **School Service**

Criminal Justice Field of Practice, Chair	2018 - Present
Curriculum Committee	2018 - Present
Chairs Committee	2018 - Present
Research, Chair	2016 - 2017
Deans’ Council, Chair	2012 - 2014
Silberman School of Social Work Library Search Committee	2011 - 2012
Software Advisory Committee	2008 - 2010
Admissions Committee	2007
Deans’ Council	2006 - 2008
Technology Task Force Committee	2006
Field Education and Advisement Committee	2005 - 2007
One Year Residency Advisement Committee	2005 - 2006

## **PROFESSIONAL AFFILIATIONS**

Council on Social Work Education, Member

National Association of Social Workers  
New York City Chapter of NASW